

**PEAT Program- 2017 Certificate
Play and Expressive Arts Therapies**

Co-Sponsored by SCAPT

This Certificate Program offers 50 clock hours (contact) of intensive and experiential training in Play and Expressive Arts Therapies for Children, Adolescents, and Adults! This program focuses on the integration of play therapy and expressive arts practices in therapies for children, adolescents, and adults. It is principally an experiential program, accompanied by conversations about a range of theories, that are accompanied by discussions of how research, and state of the art work in the field are strongly inferring that these are indeed brain-wise practices.

DATES

3/31 and 4/1; 4/7 and 4/8; 5/12 and 5/13; 5/19 and 5/20; 6/2 and 6/3

10 Hours of training per weekend:
One make-up session will be scheduled for a charge of \$125.

**Fridays 5:30 to 9:30 PM and
Saturdays 9:30 to 4:30 PM**

***A nourishing lunch is provided
on Saturdays.***



APT Approved Provider-99-061

**Creativity is like freedom.
Once you taste it, you
cannot live without it. It
is a transformative force,
enhancing self-esteem and
empowerment.**

-Natalie Rogers-



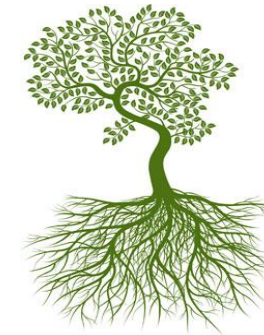
THE MINDGARDEN

**A Centre for
Healing,
Personal Development,
and
Creative Renewal**

**Deborah Jean Armstrong,
Ph.D., LMFT, RPT-S
A Licensed Marriage and Family
Therapist Specializing in Play
therapy and Expressive Arts
Therapies**

**3 Wonderwood Drive
Greenville, South Carolina
864-593-2752**

**healingartdoctor@hotmail.com
www.themindgardencentre.org
<http://www.skymountain.org/>**



Dates and Learning Objectives

3/31 and 4/1; 4/7 and 4/8; 5/12 and 5/13; 5/19 and 5/20; 6/2 and 6/3

Learning Objectives

- 1) Participants will articulate the theoretical foundations and applications of beginning practices of Child-Centered Play Therapy;
- 2) Participants will describe developmental considerations in applying play therapy and expressive arts practices in therapy with children, adolescents, and adults.
- 3) Participants will articulate how play therapy and expressive arts grow well being and likewise can repair disrupted well-being throughout the lifetime;
- 4) Participants will identify how play therapy and expressive arts are embodied practices;
- 5) Participants will become familiar with how play therapy and expressive arts practices nourish and grow our awareness of ourselves and others;
- 6) Participants will grow a deepened understanding of how play therapy and expressive arts practices can repair and transform deep wounds;
- 7) Participants will describe the strong links between play therapy and expressive arts and growing more coherent narratives of one's life;
- 8) Participants will experience and learn how to apply a wide range of multimodal and intermodal practices in play therapy and expressive arts that can themselves be understood as play therapy practices' in treatment;
- 9) Participants will explain how engaging in expressive arts and play therapies can transform our understanding of ourselves, each other, and the larger natural world;
- 10) Participants will articulate how expressive arts and play therapy practices can infuse the work with children, adolescents, and adults in service of not just growing solutions to problems to reaching optimal states of well-being and creative living.

Deborah Jean Armstrong, Ph.D., LMFT, RPT-S

has been licensed as a Marriage and Family Therapist specializing in Expressive Arts and Play therapy Therapies for over thirty years. Deborah is a registered Play Therapy Supervisor, trained in EMDR, and is a Past-President of the California and South Carolina Associations for Play Therapy. She is a Clinical Member of the American Association of Marriage and Family Therapists and has served on the Board of Directors for the International Association for the Study of Dreams. Deborah is a Core Faculty member in Marriage and Family Therapy at Capella University, a CACREP and COAMFTE approved program. Deborah also coordinates the Expressive Arts Therapies Concentration at Goddard College. She has expertise in a diverse range of practices, including Interpersonal Neurobiology, having studied with Dan Siegel for 3 years. She presents regularly at state, national, and international conferences.

All events take place at:
3 Wonderwood Drive
Greenville, SC 29615
864-593-2752

Off of Edwards Road near the corner of Pleasantburg Drive and Edwards Road



Registration

Name _____

Address _____

E-Mail _____

Phone _____

CE's (50) Y N
License/Number if Yes

CE Fee is **\$15.00**

Registration: **\$1000**

Fees: **\$100 deposit is required to hold a space/goes towards payment option.**

One Payment: ***\$850 (\$50 price reduction for this option)***

Three Payments: ***\$900/\$300 on 3/31, 5/12, and 6/2***

Total Amount Enclosed: _____

Cancellation Policy: Refunds (minus \$5 processing fee) can be made, if requested 2 weeks (14 days) before date of workshop. In case of workshop cancellation, complete payment will be refunded. In certain circumstances registrants may be able to use registration paid and not used for future trainings.

CE/Play Therapy: Continuing Education for Play Therapy is provided by the **South Carolina Association for Play Therapy** (SCAPT). SCAPT is approved to provide CE's specific to Play Therapy (**APT Approved Provider-99-061**). SCAPT maintains responsibility for the program. This program is co-sponsored by SCAPT and carries **50 clock hours (contact)**.