



The 4th Annual SC Association for Play Therapy Training
The Children's Museum of the Upstate
300 College St-Greenville, SC 29601
Play Therapy Basics: Introduction to
Child Centered and Cognitive-Behavioral Approaches
7 CEs Specific to PT Approved by APT
Co-Sponsor: SC Counseling Association
Saturday, September 10, 2011

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8:15- 8:45 Registration and CE Sign In

8:45-12:00 **“Child-Centered Play Therapy: A Comprehensive Introductory Workshop”**
Cynthia Crawford, Ph.D.

12:00-1:00 Lunch Working Lunch Onsite-APT Multicultural Competencies

1:00-4:00 **“Cognitive-Behavioral Play Therapy”**
Sandra Frick-Helms, Ph.D.



“Child-Centered Play Therapy: A Comprehensive Introductory Workshop”

Presenter: Cynthia Crawford, Ph.D., NCC, NCSC, LPC. Dr. Crawford is an assistant professor at Appalachian State University in the Reich College of Education. She is certified by the National Board for Certified Counselors (NCC) and is a licensed professional counselor in South Carolina and Tennessee. She earned a doctoral degree in education from the University of Tennessee, Knoxville, an educational specialist degree in guidance and counseling from the University of West Georgia, and a master's degree in school psychology from the University of Tennessee, Chattanooga.

Dr. Crawford has devoted much of her life to education: as a classroom teacher, school psychologist, school counselor, and counselor educator. She currently serves the SC Association for Play Therapy (SCAPT) as President-Elect. In the past, she served as Secretary, Membership Chairperson, and the Conference Coordinator for the 3rd Annual SCAPT Fall Conference in 2010. She has conducted numerous educational programs and presentations for school counselors, play therapists, and mental health professionals in the Southeast.

This presentation highlights the effectiveness and practicality of child-centered play therapy in school counseling, in addition to other therapy settings such as family, psychiatric, and rehabilitative. Many school counselors, in addition to professional therapists in clinical settings, serve multiple offices, have minimal access to a playroom, or have limited office space in which to conduct play therapy sessions. This presentation provides a brief literature review documenting the effectiveness of child-centered play therapy, reviews the basic skills involved in child-centered play therapy, enhances multicultural competence by addressing toy selection with respect to cultural diversity, outlines the basic components of the tote bag playroom, and demonstrates application of the approach with school-age, as well as preschool children.

Objectives: Participants will 1) discuss documentation on the effectiveness of using child centered play therapy; 2) list the basic components of the tote bag playroom; and 3) explore a variety of toys associated with diverse cultural backgrounds.

“Cognitive-Behavioral Play Therapy”

Presenter: Sandra Frick-Helms, PhD, RN. Dr. Helms is Clinical Professor Emeritus, School of Medicine, University of SC (USC) and Professor Emeritus, College of Nursing, USC. She was Visiting Lecturer, Johns Hopkins University Department of Counseling and Human Services and Adjunct Professor, Converse College Postgraduate Marriage and Family Therapy Program. Dr. Helms served as SCAPT Founding President and Clinical Editor of *APT NewsLetter* and *Play Therapy* (TM) magazine and was the 2007 recipient of the Association for Play Therapy Service Award 2007. She has authored more than 20 publications focusing on play therapy, child growth and development, and related topics and has presented papers, workshops and seminars at local, state, regional, national and international conferences and symposia.



Cognitive-behavioral play therapy (CBPT) is derived from cognitive-behavioral therapy (CBT). CBT is becoming recognized as the most empirically-validated method of child therapy. CBPT is useful for long and short-term therapy and is particularly suited to working with children with specific “problematic” behaviors, including attention deficit hyperactivity disorder, obsessive-compulsive disorder, and oppositional defiant disorder. CBPT approaches can be used with preschool and school-age children and young adolescents. A brief overview of CBPT theory and implications will be presented and basic skills of CBPT will be presented.

Objectives: Participants will 1) discuss the theoretical formulations of and research evidence favoring CBPT and 2) list and discuss the elements of CBPT.

Continuing Education: This conference carries **7 Continuing Education Contact Hour Credits** specific to **Play Therapy**. The SC Association for Play Therapy (APT Provider #99-061) and the SC Counseling Association (SCCA) provide Continuing Education. SCCA is recognized by NBCC (ACEP Permanent Provider # 2041) and the SC Board for Counselors, Therapists, Psycho-Educational Specialists (**Provider Permanent Number SPN. 069**) to offer Continuing Education for LPC, MFT, Psycho-Educational Specialists, and National Certified Counselors. This event adheres to the guidelines of APT, NBCC and SC State Department of Education for Teacher Certification Renewal (www.scteachers.org). SCAPT is responsible for the program content. (Contact Norma Kimrey Colwell by phone at 1-803-691-5949 or email: daniel_colwell@bellsouth.net for questions relating to Continuing Education.)



Who should attend? Mental Health Counselors, Psychologists, Psychiatrists, Social Workers, School Counselors, Marriage and Family Therapists, Play Therapists, Educators, Early Childhood Educators, Developmental Specialists, Psycho-Educational Specialists, Graduate Students, and other interested professionals.

For Site Directions check out the museum website:

The Children's Museum of the Upstate

300 College Street

Greenville, SC 29601

1-864-233-7755

info@TCMUpstate.org

Registration includes Coffee, Snacks, Lunch, and Continuing Education Certificate

Make checks payable to SCAPT.

*APT Member Non Members **Full Time Students
\$50.00 \$70.00 \$28.00 Total included: _____

NO REFUNDS AFTER September 1, 2011.

Make checks payable to SCAPT. Mail to Treasurer: Sally Moore, 428 East Park Drive; Spartanburg, SC 29302-3238. For registration questions relating to the training please email: treasurer4scapt.yahoo.com or phone **1-864-594-4475 (8:00AM-4:00PM) and 1-864-583-1694 (Between 4:00PM-8:00PM)**. Direct only registration questions to the SCAPT Treasurer.

Registration confirmation & updated information is sent via email.

Name: _____

Job Title _____ Degree/Credentials _____

Address: _____

Phone: _____ Fax _____

Email: _____

Special Needs instructions: _____

Lunch Selection: Meat Vegetarian

Handicap Access

APT-SCAPT Membership : APT observes a dual membership system; that is, if residing within the territory of a chartered branch, applicant must be a member of both APT and that charter branch, please contact APT,

(Association for Play Therapy, Inc., 3198 Willow Ave, Suite 110, Clovis, CA 93612, USA or APT Website: www.a4pt.org or Email: info@a4pt.org or Phone: 1-559-294-2128)

The APT-SCAPT Membership link is located on the SCAPT Website (www.sca4pt.com)

*** Join today by sending your check made out to APT for \$95.00 (Professional) or \$50.00(Full time Student) along with your SCAPT registration.**

For information about the training contact the President, Robert Horak, Ph.D. or President-Elect, Dr. Cynthia Crawford at emails: (horakr@heathwood.org) or (ccrawf15@aol.com)

Check out other items of interest or contact individuals at:

APT Website: www.a4pt.org or SCAPT Website: www.sca4pt.com

****FULLTIME STUDENT'S CERTIFICATION STATEMENT**

I certify that _____ is a fulltime student at

Educational Institution _____

Student's Signature _____ Date _____

Professor's Signature _____ Printed Name _____

Students, please include this form with your registration.