



The 14th Annual SC Association for Play Therapy

Play Therapy with Families and Children in a Diverse World

March 9-10, 2012

Trinity Episcopal Cathedral-1100 Sumter Street-Columbia, SC 29201

Featuring Dr. Saundra L. Penn, LPC, RPT

Saundra Penn, Ph.D., LPC, RPT is an Assistant Professor in Human and Community Services at Queens University of Charlotte in Charlotte, NC. Additionally, Dr. Penn is a clinician practicing in Gastonia, N.C. where she counsels children and their families. Her research interests include multicultural issues in play therapy, the evolution of color blind racial attitudes, play therapy supervision, parent consultation, and mental health reform. She is a past board member for the North Carolina Association for Play Therapy and the Multicultural Play Therapy Center at the University of North Carolina Charlotte. She presents in a variety of forums to increase clinicians and lay persons' awareness of the therapeutic powers of play therapy.



Overview: This workshop is designed to explore the theoretical underpinnings of family play therapy as a prescriptive approach to working with child clients and their families. Different from family play therapy, individual play therapy can naturally cause systemic shifts in the family. Family play therapy, however, can also offer a culturally sensitive approach to integrating caregivers and siblings as well as contribute to a playful atmosphere for familial understanding and growth. Participants will have an opportunity to conceptualize and practice family play therapy activities for specific use with child clients and their families first hand.

Objectives: The participants will be able to 1) explain the rationale for the intersection of play and family therapy theories; 2) explore clinical scenarios where family play therapy is a culturally and developmentally appropriate treatment option; and 3) describe three play therapy activities for use in the assessment and/or treatment process with child clients and their families.

Friday March 9, 2012

8:00 - 8:30 Registration and CE Sign In

8:30 - 9:00 Announcements



9:00-12:00 and 1:15-5:00 Day One Agenda with Dr. Penn

- ✓ Rationale for Intersection of Play and Family Play Therapy
- ✓ Therapeutic Process, Task, and Themes Related to Family Play Therapy

12:15-1:15 Lunch - SCAPT Business Meeting (1 Contact Hour for NBCC only*)

- ✓ Therapeutic Process, Task, and Themes Related to Family Play Therapy
- ✓ Cultural Issues Impacting Children and Families
- ✓ Assessment vs. Intervention and Relevant Activities

Play Therapy with Families and Children in a Diverse World

Dr. Sandra L. Penn, LPC, RPT

Saturday March 10, 2012

8:00 - 8:15 Registration and CE Sign In

8:45 - 9:00 Coffee/Questions

9:00 - 12:00 Day Two Agenda with Dr. Penn

- **Review of Day One**
- **Continuation of Assessment vs. Intervention and Relevant Activities**
- **Application in Group**

12:00 - 1:15 Lunch Onsite and Play Therapy Activity with Dr. Hickey

Play Therapy Activity: Cultural Ancestry Honoring

This purpose of this group activity is to honor the cultural ancestry of the participants using play therapy strategies. Participants place their symbol in a sandtray and choose a word or phrase that represents the gift of the toy and/or symbol (culture). When all of the symbols are placed, everyone speaks their word/phrase again, with a short moment of silence to honor our ancestors and all of what our cultures and ancestors bring to us in learning...the good, the less than good, and the mystery too.

Objectives: The participants will 1) exhibit an awareness of both the uniqueness and the common landscapes that culture brings to human beings using play therapy strategies and 2) express an embodied experience of our differentiated selves within a group, accompanied by linking ourselves in community of play therapists.



1:15-4:45 Day Two Agenda with Dr. Penn

- **Application and Processing Regarding Conceptualizing Activities**
- **Case Examples**
- **Other orientations of Family Play Therapy**
- **Wrap up/Question and Answer**

Afternoon Supervision Training (Supervision Credit Only)

Breakout Session-Saturday, March 10, 2012

1:15-4:45

Integrating Experiential and Playful Practices into the Supervision of Play Therapists: Techniques to Address Issues around Diversity

Presenter: Deborah Armstrong Hickey, Ph.D., LMFT has been practicing as a Marriage and Family Therapist specializing in Play and Expressive Therapies for over thirty years. She has served as President of the South Carolina and the California APT branches and serves on the SCAPT Board of Directors as Immediate Past President and Nomination and Election Chairperson. She teaches in the Capella University Marriage and Family Therapy program and practices out of The Mindgarden, in Greenville, South Carolina. She has been supervising play therapists for over twenty years, using principally experiential practices.

Overview: This breakout session is directed towards supervisors of play therapists who are interested in integrating experiential and playful practices into their supervisory work that address issues around working with clients of diverse backgrounds. Participants will be briefly introduced to didactic material, followed by three experiential exercises that will allow them to dive deeply into using these practices in their work with supervisees. If time allows, a role-play session will also be conducted.

Objectives: The participants will 1) examine a developmental model of understanding supervision of play therapists; 2) explore supervisory practices as they pertain specifically with supervision of play therapists; 3) discuss the value of integrating awareness of diversity into their supervision practices; and 4) identify three practices in the supervision of play therapists that are: experiential and playful; develop the self of the therapist; and concern themselves with deeply attuning to and resonating with clients from backgrounds that may be viewed as being diverse.



Continuing Education: This conference carries **13 Continuing Education Contact Hour Credits** qualifying for LPC, MFT and also can be used for Play Therapy. The SC Association for Play Therapy (APT Provider #99-061) and the SC Counseling Association (SCCA) provide Continuing Education. SCCA is recognized by NBCC (ACEP Permanent Provider # 2041) and the SC Board for Counselors, Therapists, Psycho-Educational Specialists (Permanent Provider SNP.69) to offer Continuing Education for LPC, MFT,



Psycho-Educational Specialists, and National Certified Counselors. This Conference adheres to the guidelines of APT, NBCC and SC State Department of Education for Teacher Certification Renewal (www.scteachers.org). SCAPT is responsible for the program content. (Contact-Norma Colwell-Phone-803-691-5949 or email: daniel_colwell@bellsouth.net for questions relating to Continuing Education.)

For information about the SCAPT Conference contact the SCAPT Leaders:

Dr. Robert Horak (horakr@heathwood.org) or Dr. Cynthia Crawford, (ccrawf15@aol.com).

Check out other items of interest at:

APT Website: www.a4pt.org or SCAPT Website: www.sca4pt.com

APT-SCAPT Membership : APT observes a dual membership system; that is, if residing within the territory of a chartered branch, applicant must be a member of both APT and that charter branch, please contact APT, (Association for Play Therapy, Inc., 3198 Willow Ave, Suite 110, Clovis, CA 93612, USA or APT Website: www.a4pt.org or Email: info@a4pt.org or Phone: 1-559-294-2128).

The APT-SCAPT Membership link is located on the SCAPT Website (www.sca4pt.com).

Hotel Information~Check out other hotels in the Columbia area on line:

Clarion Hotel-1615 Gervais Street; Columbia, SC 29201-1-803-771-8711-Website
(www.clarionhotelcolumbia.com/dining.htm)

The Whitney Hotel-700 Woodrow Street; Columbia, SC 29205-1-803-252-0845 Website
(www.whitneyhotel.com)

Trinity Episcopal Cathedral (www.trinitysc.org)

1100 Sumter Street

Corner of Gervais and Sumter Street

Columbia, SC 29291

1-803-771-7300

Presentation Room: Satterlee Hall

Handicapped access

Onsite Contact Number: 1-803-261-3822



Registration includes a Continuing Education Certificate, Coffee, Snacks, and Lunch.

Please return this page to the SCAPT Treasurer, Sally Moore.

Number of Days Attending	APT Members	Non Members	Full Time Students
___I will attend both full days at	\$120.00	\$150.00	\$40.00
___I will attend only Friday at	\$60.00	\$75.00	\$20.00
___I will attend Saturday only	\$60.00	\$75.00	\$20.00

SCAPT Conference Total Enclosed: _____

Institutional discount will be approved when 10 people or more register at a time: \$100 per person

After February 15, 2012, registration is \$80.00 a day for APT and Non APT Members.

NO REFUNDS AFTER March 1, 2012. Full Time Student rates are the same.

Make checks payable to SCAPT.

Mail to Treasurer: Sally Moore, 428 East Park Drive; Spartanburg, SC 29302-3238.

For registration questions relating to the training please email:

(treasurer4scapt@yahoo.com) or phone 1-864-583-1694 (BEFORE 8:00PM).

Direct only registration questions to the SCAPT Treasurer.

Name: _____

Address: _____

Phone: _____

Email: _____

Special Needs Instructions: _____

Lunch Selection: ___ Meat ___ Vegetarian

Handicap Access

FULLTIME STUDENT'S CERTIFICATION STATEMENT

- I certify that _____ is a fulltime student at
- Educational Institution _____
- Student's Signature _____
- Professor's Printed Name _____ Date _____

Please include with your registration.