

# S.C. Association for Play Therapy Training Conference

**Saturday, March 3, 2018**

**Co-Sponsor: S.C. Counseling Association**

**Simpsonville United Methodist Church**

**555 Main Street-Simpsonville, S.C. 29681**



## Schedule:

**8:30 - 9:00 Registration Check In, CE Sign In, and Coffee**

**9:00 -11:00 Session One Choice**

**11:00am -11:15am Break**

**11:15am-12:15pm Session Two Choice**

**12:15 -12:45pm On-Site Lunch and PM CE Sign In**

**12:45pm-1:15pm Playful Networking Event**

**1:15pm -2:45pm Session Three Choice**

**2:45pm-3:00pm Break**

**3:00pm-4:45pm Session Three (continuation and wrap up)**

## SCAPT Conference Training Schedule:

<u>Selection:</u>	<u>Title:</u>	<u>Description of Session:</u>	<u>Learning Objectives:</u>
<b>Morning Session One</b>  <b>2 hours</b>	<b>Integrating Emotionally Focused Therapy With Play Therapy: Applications for Individuals and the Family</b>  <u>(Intermediate Level)</u>  <b>Dawn White, MA, LPC, RPT, EFT-A</b>	This workshop will help participants explore how play therapy techniques can be integrated with the Emotionally Focused Therapy (EFT) to help children, adolescents, adults, and families feel greater a sense of safety, security and connection with themselves and each other.	Participants will be able to 1) identify the theoretical perspectives of play therapy and Emotionally Focused Therapy and the motivation for integrating these two evidenced-based models with individuals and families. 2) track negative cycles of interaction between family members that set up anxious situations in which there is withdrawal and confrontation by incorporating specific play therapy strategies to help stop these negative cycles of interaction, thereby giving families more positive experiences of interaction and connection. 3) demonstrate how play therapy can be used to help identify and stop the negative internal cycles, false beliefs, and negative behaviors in individuals.
	<b>Combining Play Therapy with Other Approaches in Counselor Supervision</b>	In the supervisory relationship it is necessary for supervisees to reflect upon their own personal experiences,	Participants will 1) better understand self-reflective supervision techniques using Sand

	<p><b><u>(Intermediate Level and Supervision)</u></b></p> <p><b>Cynthia Crawford, Ph.D., RPT-S</b></p>	<p>professional growth, and challenges.</p> <p>In this experiential play therapy supervision presentation, counselors in attendance will participate in large group, small group, and dyadic activities to examine their strengths, as well as challenges as play therapists via Solution Focused Supervision and Sand Tray Supervision. Using both approaches, attendees will also implement each play technique in a role play as a fictional client.</p>	<p>Tray and solution focused play techniques</p> <p>3) apply both approaches to a role play of a fictitious play therapy client.</p>
<p><b>Morning Session # 2</b></p> <p><b>1 hour Panel</b></p>	<p><b>Conversations with Play Therapists on Adjusting Their Play Therapy Strategies to Meet Clients Needs</b></p> <p><b><u>(ALL LEVELS)</u></b></p> <p><b>Saundra Penn, Ph.D., LPC, RPT; Gabrielle Leopard, Ed.S., LMFTS, RPT-S; and Sally Moore, M. Ed., RPT-S</b></p>	<p>In this panel play therapists will discuss their theoretical approach to play therapy and highlight how their play therapy theory and techniques have morphed over the years based on their clinical work with specific client population. Some of the play therapy clients include deaf and hard of hearing, economically disadvantaged, adoptees, and adults.</p>	<p>At the conclusion of this panel, participants will be able to:</p> <ol style="list-style-type: none"> <li>1) identify two play therapy techniques used with the identified client populations</li> <li>2) describe play therapy scenarios that may cause play therapists to alter their play therapy approach.</li> </ol>
<p><b>Lunch On-Site: Networking Event and PM Sign In</b></p>			
<p><b>Afternoon Sessions</b></p> <p><b>3 hours</b></p>	<p>Introduction to Ecoplay Therapy</p> <p><b><u>(BEGINNING LEVEL)</u></b></p> <p><b>Charlton Hall, LMFT/S, RPT-S</b></p>	<p>Ecoplay, a form of play therapy, is an evidence-based eight-session training program designed to give parents and their children the opportunity for experiential activities that combine mindfulness, play therapy, ecopsychology and the skills of positive parenting. Ecoplay addresses family resilience and is an authoritative, rather than authoritarian, approach to discipline and parenting. It is also a theoretical framework and approach to parenting that allows children to express themselves in play, their natural language. In addition, ecoplay allows this expressive</p>	<p>At the conclusion of the session, participants will be able to 1) identify how Ecoplay, a play therapy approach, enhances family resilience 2) discuss some of the current research into ecotherapy and how it facilitates behavioral health in play therapy 3) to conduct two ecoplay techniques/exercises for use in a play therapy clinical practice.</p>

		play to happen in healthy natural outdoor environments.	
	<p><b>Mending Beautifully: Play Therapy with Adults</b></p> <p><b>(ALL LEVELS)</b></p> <p><b>Deborah Jean Armstrong, Ph.D., LMFT, RPT-S</b></p> <p><b>Elizabeth Walker, M.S., LPC</b></p>	<p>This program will introduce participants to the foundational ideas that support play therapy with adults, notably that involving the complexity model. This model proposes that playing is a basic building block in growing well being and repairing it when it is disrupted. Accompanying the didactic conversation, the presenters will engage the participants in several experiential demonstrations that will infuse their understanding with embodied awareness.</p>	<p>At the conclusion of the session, participants will be able to</p> <ol style="list-style-type: none"> <li>1) identify the foundational tenets of complexity theory that support play therapy with adults.</li> <li>2) identify how the complexity model supports playing in therapy as a basic building block in growing well-being and repairing it when it is disrupted.</li> <li>3) infuse their embodied awareness of the value of playing in therapy with adult</li> </ol>

**Presenters:**

**Dawn White, MA, LPC, RPT, EFT-A**

After 23 years as an educator, Mrs. White completed a second Masters degree, in clinical counseling and marriage and family therapy. She is presently in practice privately at PFM Counseling as an in-house therapist at Palmetto Family Medicine of Chesterfield County in Cheraw. Mrs. White is a Registered Play Therapist, and is in the final phase of certification as an Emotionally Focused Therapist. She also serves as the current South Carolina Association for Play Therapy President Elect.

**Cynthia Crawford, Ph.D., LPC, RPT-S**

Dr. Cynthia Crawford is a counselor educator, licensed professional counselor, and registered play therapist supervisor. As an instructor for Capella University, she trains counselors across the nation for careers in School, as well as clinical, settings. She is also a past president for the South Carolina Association for Play Therapy (2012-2014).

**Sandra Penn, Ph.D. LPC, RPT**

Dr. Penn is an Associate Professor in Human Services Studies at Queens University of Charlotte in Charlotte, N.C. Dr. Penn is also a practicing therapist in Charlotte, N.C. Her active research interests include cultural issues in play therapy, play therapy supervision, parent consultation, and ethical issues in mental health reform. She presents in a variety of forums to increase clinicians and lay persons' awareness of the therapeutic powers of play therapy. Dr. Penn also serves as the current President of the South Carolina for Play Therapy.

### **Gabrielle Leopard, Ed.S., LMFTS, RPTS**

Gabrielle Leopard, Ed.S., is a Marriage and Family Therapist Supervisor at Magnolia Counseling Associates, a private practice in Spartanburg, S.C. Before her 8 years in private practice, Ms. Leopard helped run a residential group home for adolescent girls. After becoming a supervisor for play therapy, she began teaching at Converse College while providing supervision to students or interns. She most recently served as the Marketing Chair for the board of the S.C. Marriage and Family Therapy Association and previously served as a South Carolina Play Therapy Association Director.

### **Sally Moore, M.Ed., RPT, NCC, NCSC**

Ms. Moore is a Licensed Professional Counselor and School Counselor with the Spartanburg District Seven at E. P. Todd School. Ms. Moore serves as the current South Carolina Association for Play Therapy Treasurer and shares her interest in play therapy with others at conferences and workshops.

### **Charlton Hall, LMFT/S, RPT-S**

Charlton Hall is a Licensed Marriage and Family Therapist in S.C. and NC. He is also a Licensed Marriage and Family Therapy Supervisor in S.C., a Registered Play Therapy Supervisor, and a Clinical Hypnotherapist. He is trained in trauma treatment, suicide prevention, Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Ecopsychology, and Mindfulness. Hall is also a board-approved provider of continuing education courses in S.C. His area of research and interest is using Mindfulness and Ecopsychology to facilitate acceptance and change strategies within a family systemic framework, and he has presented research at several conferences and seminars on this and other topics. He also facilitates workshops on Mindfulness, Family Therapy and Ecopsychology throughout the Southeast. He is the author *The Mindful Ecotherapy Handbook* and *The Mindful Ecotherapy Facilitator Manual*.

### **Deborah Jean Armstrong, Ph.D., LMFT, RPT-S**

Deborah Armstrong has been practicing as a marriage and family therapist specializing in play and expressive arts therapies for over thirty-five years. She teaches and serves as Coordinator of the Expressive Arts Therapy Concentration at Goddard College and she practices out of the Mindgarden Centre in Greenville, S.C. Dr. Armstrong served on the SCAPT Board of Directors and is a past President.

### **Elizabeth Walker, M.S., LPC-Maine**

Elizabeth Walker is an LPC Intern in Maine, having graduated from Goddard College with a master's degree in counseling psychology with a concentration in Expressive Arts Therapies. She currently engages in a private practice focusing on work infused with play and expressive arts therapies.



## Registration on Eventbrite for March 3, 2018:

<https://www.eventbrite.com/e/sc-association-for-play-therapy-training-conference-tickets-41131468329>

65.00 APT/SCAPT Member	\$80.00 Non-Member	\$30.00 Student
After February 25, 2018	After February 25, 2018	After February 25, 2018
\$75.00 APT/SCAPT Member	\$90.00 Non-Member	\$40.00 Student

After March 1<sup>st</sup>, anyone wanting to register may be on a waiting list depending on capacity of venue.

**Registration includes electronic handouts, continuing education certificate, lunch, snacks and beverages.**

- **SCAPT/APT members receive a discount!**
- **Electronic handouts will be emailed to conference participants after registration notifications are received. Paper copies will not be available on site.**

**TARGET AUDIENCE: Social Workers, Counselors, Graduate Students and any healthcare personnel**  
**For information about the SCAPT Training Conference contact:**

**Dr. Saundra Penn, SCAPT President**

**Email: [Drsaundrapenn@gmail.com](mailto:Drsaundrapenn@gmail.com) or Phone: 1-704-688-2761**

**Cancellation Policy: Refunds (minus \$15 processing fee) can be made, if requested 1 week (7 days) before date of workshop. In case of workshop cancellation, complete payment will be refunded.**

**CONTINUING EDUCATION (6 CONTACT HOURS):** Note to RPT: SCAPT is approved by The Association for Play Therapy to offer Continuing Education specific to play therapy. SCAPT maintains responsibility for the program. Your attendance will be filed with the SCAPT Continuing Program and Continuing Coordinator Education five-years.

**APT Approved Provider # 99-061**



Note to Counselors, Therapists and Psycho-educational Specialist: S.C. Counseling Association is a permanent provider for the S.C. Department of LLR, Division of POL, S.C. Board of Examiners for Counselors, Therapists and Psycho-Educational Specialist. SCCA is recognized as offering Continuing Education for Counselors, Therapists and Psycho-Educational Specialist license renewal. The records will be filed with the SCCA Professional Development Chairperson for five years. **Provider Permanent Number SPN. 069**



**Copy this document for your Continuing Education Electronic Files.**

**APT-SCAPT Membership : APT observes a dual membership system; that is, if residing within the territory of a chartered branch, applicant must be a member of both APT and that charter branch, please contact APT, (Association for Play Therapy, Inc., 401 Clovis Avenue #107, Clovis, CA 93612, USA or APT Website: [www.a4pt.org](http://www.a4pt.org) or Email: [info@a4pt.org](mailto:info@a4pt.org) or Phone: 1-559-298-3400).**