

Creative Ways to Explore Cultural Competency in Play Therapy Supervision

Presented by Dr. Jennifer Geddes Hall, LPC, RPT, ACS

ONLINE TRAINING

Due to COVID-19 health concerns, this one-time event has been approved by APT for 6 Contact CE Hours

September 12, 2020

9:00 am-4:30 pm Via Zoom link to be provided after registration

About the presenter:

Dr. Jennifer Geddes Hall, LPC, RPT, ACS is an assistant clinical professor at Clemson University. She has over 17 years of experience as a child/teen therapist and school counselor. Jennifer has provided clinical supervision to interns in community and school settings in diverse, urban communities as well as rural areas. She utilizes creative interventions both in counseling and supervision. She has presented on play therapy as well as using creativity in supervision at several regional and national conferences. Jennifer is currently on the board for the Association of Child and Adolescent Counseling (ACAC), a division of ACA and the South Carolina Association for Play Therapy (SCAPT).

Overview:

This hands-on presentation is for professionals who conduct clinical supervision. Ideas for incorporating various creative ways in which cultural aspects can be explored in the play therapy supervision process will be provided. Knowledge about supervision models and experience as a supervisor will be useful for attendees of this interactive presentation.

It is predicted that by the year 2025, the number of children of color will surpass the number of white children and by the year 2050 (Hinman, 2003). Because of changing demographics, play therapists must learn to be culturally responsive and competent (Chang, Ritter, & Hays, 2005; O'Connor, 2005; VanderGast, Post, & Kascsak-Miller, 2010). Unfortunately, little research exists on multicultural aspects in play therapy and even less on how to incorporate these aspects into training and supervision.

It is therefore important that play therapy supervision adequately prepares clinicians to competently work with clients of varied backgrounds, including examining their own culture and biases (Parikh, Ceballos, & Post, 2013; Ritter & Chang, 2002). Play therapists in the past have indicated that they perceive their multicultural training to be inadequate (Ritter & Chang, 2002). Additionally, the Association for Multicultural Counseling and Development (AMCD) has published competencies that should be used to guide play therapy supervision in examining multicultural aspects.

Clearly a need exists for play therapy supervisors to explore and discuss ways in which multicultural aspects may be enhanced in supervision. The purpose of this presentation is to provide a safe forum for play therapy supervisors to discuss their current practices in addressing multicultural aspects in play therapy training as well as explore new ideas to incorporate into their supervision to help with cultural competency. The theoretical lens of the Discrimination Model of supervision (Bernard & Goodyear, 1992) and Developmental Stages for Cultural Sensitivity (Lopez et al., 1989) will be used.

Level: Intermediate

Intermediate workshops for practicing play therapists who have solid play therapy foundational training and experience. Content is intended to build upon attendees' existing foundational learning.



Rationale: This presentation will focus on play therapy supervision. Supervisors must have solid play therapy foundational training and experience to supervise and this presentation seeks to build upon this knowledge. During this presentation, participants will be asked to draw upon their experiences as supervisors during experiential exercises and discussion.

Multicultural/Diversity Competencies: Multicultural competency is addressed through discussion with the presenter and among participants who have experience working with multicultural issues in supervision. Didactic presentation and experiential exercises will help participants to explore ways of increasing knowledge, awareness, and skills related to multicultural competency in play therapy supervision.

Time Organization/Instructional Strategies: This presentation will utilize a combination of PowerPoint lecture, video review, group discussion and experiential exercises.

Powers of Play: The therapeutic powers of play are also applicable to supervisees during supervision when creative interventions are used. This presentation will incorporate experiential playful exercises that can be used with supervisees to address cultural competency. These exercises can help to promote and activate self-expression, emotion regulation, self-esteem, and stress management powers of play during the supervision process.

Learning Objectives:

Following this workshop, participants will be able to:

- 1.) To discuss cross-cultural and multicultural considerations in play therapy supervision
- 2.) To describe the theory and rationale for using creative interventions in play therapy supervision
- 3.) To identify guidelines used in the selection of creative activities based on cultural considerations
- 4.) To identify guidelines used in the selection of creative activities based on supervisee developmental needs and facilitation of supervisee growth
- 5.) To explain and demonstrate a variety of processing levels associated with creative interventions in play therapy supervision
- 6.) To apply at least three different culturally-sensitive, creative activities into their current play therapy supervision practice

Schedule:

9:00 am -12:15 pm Morning Session with a break

12:15 pm - 1:15 pm Lunch

1:15 pm- 4:30 pm Afternoon Session with a break

Registration fee is \$40 and includes Continuing Education Certificate

Register via Eventbrite:

https://www.eventbrite.com/e/creative-ways-to-explore-cultural-competency-in-play-therapy-supervision-tickets-111346492356

Continuing Education:

To receive Continuing Education credit, participants are asked to complete 2 Survey Monkey surveys.

- A) The first survey will be to collect the participants name, phone number, email address, and the session "code word" to indicate participation in the entire training.
- B) The second survey will include an evaluation. These surveys will be anonymous.

CE Certificates will be provided to participants via email after their completion survey is received. Sign in/ Sign out for each portion of the session will be noted via the participant's Zoom login.

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This event is sponsored by the South Carolina Association for Play Therapy (APT Approved Provider 99-061) and provides continuing education specific to play therapy. This training offers 6 Supervision Continuing Education Clock Hours-CONTACT with full attendance required. SCAPT (www.sca4pt.com) maintains the responsibility for this program and content.

The **South Carolina Association for Play Therapy (SCAPT**) is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Psycho-Educational Specialists (**Provider #4586**) to offer <u>6 Continuing Education Clock Hours</u> for the program.

For questions related to Continuing Education contact: Continuing Education Program Administrator Jennifer Elkins, EdD, LPCS, RPTS at scaptce@gmail.com



NO Purchase Orders will be accepted for this training.
All payments must be through Eventbrite website.
No tickets will be sold on the day of the training to make sure that all participants have the Zoom link.

Refund Policy:

Refunds can be made, if requested <u>7 days</u> before event date of workshop. <u>Eventbrite's fee is</u> nonrefundable. Refunds will be issued minus any applicable fees.

In case of workshop cancellation, payments will be refunded.

Grievance Policy:

If you have a compliant or dispute regarding this event, please send an email no later than 5 days after the training and include the following: Your name, address, phone number, email, name of the event, date, and location, compliant, and desired resolution to the current SCAPT President at sca4pt@gmail.com

You will receive a reply within 30 days from the date you submitted the compliant dispute.

