



The 55th SC Counseling Association Conference

**Westin Hilton Head Island Resort and Spa
5 Grasslawn Avenue, Hilton Head Island, SC 29928**



Sponsor: SC Association for Play Therapy

February 21, 2019 (9:00-Noon)

You've Got Mail: The Creative Art of Combining Play Therapy With Narrative Therapy to Design and Construct Therapeutic Letters

Dawn White, M.A.,LPC, RPT

Dawn White is a licensed professional counselor, registered play therapist, and an emotionally focused therapist. She taught school for 24 years before beginning a second masters degree. Helping individuals and families become more confident with themselves and in relationships drives her work in Chesterfield County, SC. She is also the President Elect of the SC Association for Play Therapy.

Summary: Handwritten letters, embellished creatively and mailed with therapeutic intentions summarize a client's work and can magnify the therapeutic process. Participants will discover the implicit value of this form of narrative play therapy and create playful stationery to enhance the therapeutic process.

Objectives: Participants will be able to describe how narrative play therapy, through the use of therapeutic letters, helps children and adults make meaning of their experiences, resolve conflicts, and prepare for the future. Participants will be able to assess the use of therapeutic letter writing as a play therapy technique for working with a wide range of cultural backgrounds and problems. Participants will be able to assess the use of therapeutic letter writing as a play therapy technique for working with a wide range of cultural backgrounds and problems.

Thursday, February 21, 2019 (9:00am-Noon)

Creative Approaches to Supervision Preconference Workshop

Sponsor: SC Association for Play Therapy

Cathy Sparks, EdD, LMFTS, LPC, LPC/S, LMFT/ LMFT/S, RPT-S

Dr. Sparks is Assistant Professor of Child Development and Family Studies at USC Upstate. She is Director of Continuing Education at Emerge Family Therapy in Spartanburg, SC. She has over 30 years experience in the field as well as 20 years experience as a supervisor for Professional Counselors, Marriage and Family Therapists and Registered Play Therapists. Dr. Sparks is a past SCAPT Director and APT-SCAPT member.

Julie Dillon, EdS, LMFT, LMFTS, RPT-S

Ms. Dillon is the Program Director of Emerge Family Therapy and an adjunct Professor at Converse College in the Marriage and Family Therapy degree program.

Creative Approaches to Supervision

This workshop will be an interactive time of presenting creative ways to make supervision more meaningful for students and interns using play therapy techniques. A range of methods will be presented to assist the supervisor in playful and creative approaches to use in play therapy supervision and supervision rather than just the standard supervision method.

Objectives: Participants will be able to describe the essential components of play therapy supervision in training counselors and therapists. Participants will be able to identify ways to use symbolic communication, and play therapy interventions to develop a positive alliance with supervisees.

Thursday, February 21, 2019 (1:00pm-4:00pm)

Family Play Therapy Preconference Workshop

Cathy Sparks, Ed.D, LMFTS, LPC, LPC/S, LMFT/ LMFT/S, RPT-S

Dr. Sparks is Assistant Professor of Child Development and Family Studies at USC Upstate. She is Director of Continuing Education at Emerge Family Therapy in Spartanburg, SC. She has over 30 years experience in the field as well as 20 years experience as a supervisor for Professional Counselors, Marriage and Family Therapists and Registered Play Therapists. She is a SC Association for Play Therapy and also a past SCAPT Director.

Julie Dillon, Ed. S., LMFT, LMFTS, RPT-S

Ms. Dillon is the Program Director of Emerge Family Therapy and an adjunct Professor at Converse College in the Marriage and Family Therapy degree program.

Family Play Therapy

This presentation will be an interactive experience sharing skill for using play therapy with children and their families. Basic principles of play therapy and play therapy skills will be discussed and techniques and strategies for working with diverse populations will be shared. Participants should come prepared to play!

Participants will be able to list discuss basic principles of the importance of play in the life of a child and list strategies to incorporate play therapy into the family play therapy session.

Participants will be able to review and practice assessment techniques for family play therapy sessions.

Participants will be to identify play therapy applications for special populations in play therapy such as divorce, grief, or behavioral disorders.

REGISTRATION INFORMATION

You can register for these workshops **without** attending the SCCA Conference.

To register check out SCCA website (www.sccounselor.org) following the conference registration instructions.

Phone: 1-803-323-2456

Email (jordanje@winthrop.edu)

Continuing Education Sponsor Information

South Carolina Counseling Association (SCCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2041 Programs that do not qualify for NBCC credit are clearly identified. SCCA is solely responsible for all aspects of the program.



Note to Counselors: Therapists and/or Psycho-Educational Specialists. SCCA is a permanent provider for the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Psycho-Educational Specialists to offer continuing education. Clock Hours may be used for renewal for LPCs, MFTs, and Psycho-Educational Specialists (**Provider #SNP.69**) and may qualify for SDE teacher re-certification (www.scteachers.org). The records are filed with the SCCA Professional Development Chairperson for **five years** for members' audits.



These play therapy preconference workshops carry **3 clock hours each** provided by the South Carolina Association for Play Therapy (**APT Approved Provider #99-061**). The **South Carolina Association for Play Therapy (SCAPT)** is approved to offer continuing education clock hours specific to play therapy. This event adheres to the guidelines of APT and SCAPT is responsible for the program content. (Contact- SCCABusiness@yahoo.com for questions relating to play therapy continuing education).