



**54th Annual SC Counseling Conference
Pre Conference Workshop
February 22, 2018 (1:00-4:00)
Presenter: Lecole J. Sanders, MSW, LISW-CP**



**Creative Play Therapy Strategies for Delivering the Cognitive Behavioral Therapy Model to Children and Adolescents
3 Clock Hours (Contact)
Westin Hilton Head Island Resort and Spa
5 Grasslawn Avenue, Hilton Head Island, SC
Co-Sponsor: South Carolina Association for Play Therapy**



Presenter: Lecole Sanders is a licensed independent social worker- clinical practice in her own private practice, Sanders Family Counseling, LLC in Florence, SC. Lecole works with a variety of children & family issues in her practice and frequently uses play therapy techniques in her work. Two areas of clinical interest for Lecole are children on the Autism Spectrum, and children/ adolescents with concerns related to eating/ body image. She regularly works with children and their families who are experiencing difficulty related to these particular issues. Additionally, Lecole is a TF-CBT trained therapist, and works with children who have experienced a variety of traumatic events. Lecole is currently working on becoming credentialed as a Registered Play Therapist.

This interactive 3 hour workshop supports and inspires therapists (clinical social workers play therapists, and counselors) to think creatively as they provide play therapy services for children and adolescents using the cognitive behavioral therapy model. The play therapy strategies are useful for working with young clients who are being treated for a variety of clinical symptoms such as anxiety, depression, adjustment problems, and trauma. Therapists working with children and adolescents will explore creative cognitive behavioral therapy techniques using a variety of play therapy interventions and clinical tools such as children's games, books, many free resources and inexpensive materials. The play therapy interventions presented in the three hour training will cover the basic rationale and theoretical concepts specific to the delivery of-the cognitive behavioral therapy model in the play therapy sessions.

Workshop Learning Objectives: Participants will

1. identify the rationale and theoretical concepts of using the cognitive behavioral therapy model with young clients in play therapy sessions.
2. discuss and identify materials they have on hand or can make plus ways to modify-materials to use with young clients during play therapy sessions.
3. explore play therapy strategies and ways to apply these interventions using toys on hand or created, books, and/or games to enhance the delivery of cognitive behavioral therapy in their therapeutic work with children and adolescents.

Continuing Education: This conference carries [3 Continuing Education Clock Hours](#) specific to Play Therapy provided by the **SC Association for Play Therapy (APT Approved Provider #99-061)**. **SC Counseling Association (SCCA)** is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists (**Provider #SNP.69**) to offer continuing education and abides by the board guidelines. Clock Hours may be used for certification and/or licensure renewal for LPCs, MFTs, and Psycho-Educational Specialists and may qualify for National Certified Counselors and SDE teacher re-certification (www.scteachers.org). **Contact sccacounselingassoc@gmail.com for registration information.**