

THE MINDGARDEN

A Centre for Healing, Personal Development, and Creative Renewal



Into the Dreamgarden: An Innerplay and Play Therapy Workshop

3 Wonderwood Drive- Greenville, South Carolina

Sponsors: The Mindgarden Centre
SC Association for Play Therapy



December 17, 2016-9 AM to 9 PM



Presenter: Deborah Armstrong, Ph.D., LMFT, RPT-S has been practicing as a Marriage and Family Therapist specializing in Play and Expressive Therapies for over thirty-five years. She has served as President of the South Carolina and the California APT branches as well as serving on both the SCAPT and CAAPT Board of Directors. She teaches in Capella University's Marriage and Family Therapy program (a CACREP and COAMTE Approved program), Goddard College's Expressive Arts Emphasis in Psychology and Counseling program, and practices out of The Mindgarden, in Greenville, South Carolina (www.themindgardencentre.com). She has been supervising play therapists for over twenty years, specializing in using expressive and experiential practices. Her work as a therapist, an educator, and a supervisor is informed by Interpersonal Neurobiology, a perspective that grows out of research and thinking from a wide range of disciplines.

Overview: Engaging with our dreams grows awareness, deep embodied wisdom, and very literally solutions for problems in our lives! Participants will express their dreams through a range of creative media allowing for deep, nourishing, and sometimes surprising discoveries about oneself. No expertise or artistic 'skills' are necessary or even preferable. Come and play with dreams, art and play therapy in service of personal development and creative renewal!

Learning Objectives: Participants will: 1) apply three expressive arts and play therapy practices in Dreamwork. 2) identify five theoretical orientations to working with dreams. And 3) describe three rationales for infusing their lives with Dreamwork, very importantly linking dreams with play and playful practices in therapy.



Continuing Education: This workshop carries **10 Continuing Education Clock Hours** provided by the South Carolina Association for Play Therapy. SCAPT is approved by The Association for Play Therapy to offer Continuing Education specific to play therapy and maintains responsibility for the training. Your attendance is filed with the SCAPT Continuing Education Coordinator, Norma Colwell, Ed.S., LPCS, RPT-S, LMFT, for **five years**. ([APT Approved Provider # 99-061www.sca4pt.com](http://www.sca4pt.com)).

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December 17, 9 AM to 9 PM, 10 CE's

Registration

Name:

E-Mail Address:

Phone Number:

Land Address:

Continuing Education (CE) Certificate: Yes No

Please enclose an additional \$15.00 if you are requesting CE certificate.

Please provide the type of license and license number here if you are requesting a CE certificate (Mental Health Practitioner and Play Therapist): _____

Payment Enclosed:

Rate: \$100.00 ____ (APT, SCAPT and Students) \$80 ____

Please mail to: **The Mindgarden Centre-3 Wonderwood Drive, Greenville, SC 29615.**

Checks should be made out to Deborah Armstrong.

Confirmations will go out on 12/1/2016

For further information: Deborah Jean Armstrong, Ph.D., LMFT, RPT-S

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www.themindgardencentre.com