

# The 7<sup>th</sup> SC Association for Play Therapy Training Conference



Co-Sponsored by SC Counseling Association

**APT Approved Provider 99-061**

The Greenville Unitarian Universalist Fellowship Building

1135 STATE PARK ROAD, GREENVILLE, SC 29609

**March 5, 2016**

**Greenville, South Carolina 29506**

## Saturday March 6, 2016

- 8:30 - 8:45 Saturday Registration, CE Sign In, and Coffee
- 8:45 - 9:00 Coffee/questions
- 9:00 - 12:00 Theraplay® with Adolescents
- 12:00 - 1:15 **Working Lunch Onsite (*Play Therapy Share Session*)**
- 1:30 - 2:30 Assessing the Meaning of Play in Child Centered Play Therapy
- 2:45- 4:45 Earth-Based Clay and Play Therapy
- 4:45- 5:00 **Wrap Up/Questions**

## Theraplay® with Adolescents



**Karen Doyle Buckwalter, LCSW**, is Director of Program Strategy at Chaddock, a multi-service agency providing a range of residential, educational, and community-based services for youth, birth through age 21, and their families. While at Chaddock, she has been instrumental in the development of an innovative residential program for adolescents, ages 8 – 16, with Attachment Disorders and Developmental Trauma. One of the only programs of its kind serving older adolescents, Chaddock's Developmental Trauma and Attachment Program (DTAP) has served youth from 30 different states in the U.S. originating from 11 different countries. Karen is a Certified Theraplay® Therapist, Trainer and Supervisor.

**Training Overview:** This workshop will provide an overview of Theraplay and specific adaptations for adolescents. Theraplay is a form of play therapy based in attachment theory and normal healthy patterns of interaction between parents and their young children. Typically developing adolescents continue to have needs for attachment and connection and in adolescents referred for therapy even more so. The 4 Dimensions of Theraplay which are Structure, Engagement, Nurture and Challenge can be a useful framework for working with adolescents in individual therapy and with their parents. The program will include lecture, viewing of therapy videos and practice.

**Learning Objectives:** At the completion of this training the participants will: 1) identify which developmental theory Theraplay is based on; 2) state the 4 Dimensions of Theraplay; 3) list one activity from 2 of the 4 Theraplay Dimensions; 4) describe 2 specific ways Theraplay is adapted for adolescents.



### ***Play Therapy Share Session: 12:15-1:15***

**Overview:** This workshop provides an opportunity to explore the practice of play therapy in schools and private practice using general and/or multicultural toys and themes and modalities.

Play Therapy approaches and strategies will be shared by the participants and the facilitator.

**Facilitator: Jennifer Ferguson Elkins, Ed.D., LPC-S, RPT-S** is counselor/ supervisor from Florence, SC. She is a graduate of the Clinical/ Community Psychology master's program at Francis Marion University (1998), and received her Ed.D. in Counseling Psychology from Argosy University in 2013. Currently, Jennifer provides counseling services and supervision for LPC Interns/ Supervisor Candidates/ Play Therapist candidates at her private practice, Palmetto Family Works, LLC. She has also been an adjunct faculty member for Florence Darlington Technical College and Limestone College for the past 12 years. Jennifer is married to Brian Elkins, and they have a two year old son, Ryley. Dr. Elkins is the current SCAPT President.

## **Assessing the Meaning of Play in Child Centered Play Therapy**



**Sandra Penn, PhD, RPT** completed her PhD in Counselor Education and Supervision at the University of North Carolina at Charlotte. Dr. Penn also serves the SCAPT President Elect. During her doctorate training, she received additional clinical experiences in the areas of play therapy, crisis therapy, multicultural counseling and family counseling. Having a passion for teaching and supervision, Dr. Penn joined the Queens Community as an Assistant Professor in the Human Service Studies Department in the fall of 2011. Her current research interests include examining multicultural issues in play therapy, the evolution of color blind racial attitudes, ethical issues in human services, clinical supervision, family play therapy, parent consultation, and mental health reform. She speaks on the regional level about these topics, has published several related articles, and is active in these scholarship areas. She presents in a variety of forums to increase mental health clinicians and human service professionals' awareness of the clinician and ethical issues in the human service field. Additionally, Dr. Penn is a clinician in Charlotte, NC, providing individual, group, and family psychotherapy to children, adolescents, and adults.

### **Training Overview:**

Piaget and other developmental theorists reiterate the significance of play as a form of communication in children's lives. As play therapist, we attend to children's play and metaphors. This workshop is designed to help beginning play therapist reflect on the meaning of children's play behaviors/ themes and assess progress in their child clients' sessions.

**Learning Objectives:** At the conclusion of this training, participants will be able to:

1) describe the difference between play behaviors and play themes; 2) identify common play themes witnessed in their session; and 3) explain the ways that progress is witnessed in child centered play sessions.

## **Earth-Based Clay and Play Therapy**



**Deborah Armstrong, Ph.D., LMFT, RPT-S** has been practicing as a Marriage and Family Therapist specializing in Play and Expressive Therapies for over thirty-five years. She has served as President of the South Carolina and the California APT branches as well as serving on both the SCAPT and CAAPT Board of Directors. She teaches in Capella University's Marriage and Family Therapy program (a CACREP and COAMTE Approved program), Goddard College's Expressive Arts Emphasis in Psychology and Counseling program, and practices out of The Mindgarden, in Greenville, South Carolina ([www.themindgardencentre.com](http://www.themindgardencentre.com)). She has been supervising play

therapists for over twenty years, specializing in using expressive and experiential practices. Her work as a therapist, an educator, and a supervisor is informed by Interpersonal Neurobiology, a perspective that grows out of research and thinking from a wide range of disciplines.

### **Training Overview:**

This breakout workshop will introduce participants to the potent 'medicine' that clay can provide to clients, children, adolescents, and adults, in play therapy, to help both evoke strong emotion, associations with what rests within them, and through the medium itself move these intense emotional states into states of regulation and deep understanding. Clay is a wonderful medium to use in play therapy with people of all ages, as well as in supervisory practices with those who are in training to become play therapists.

**Learning Objectives:** Participants will 1) become familiar with the historical uses of clay in healing practices and rituals; 2) identify a range of uses for clay in the practice of play therapy with children, adolescents, adults, and also play therapists in training; 3) exhibit skills in an experiential exercise grounding them to the possible potency of clay as a medium that can evoke strong emotion and associations while also growing an embodied sense of calm and deeper understanding.



**Continuing Education:** This conference training carries 7 Continuing Education (Clock Hours) specific to Play Therapy **provided** by the SC Association for Play Therapy (APT Approved Provider #99-061). SC Counseling Association (SCCA) is co-sponsoring this conference. SCCA is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists (**Provider #SNP.69**) to offer continuing education and abides by the board Guidelines. Clock hour credits may be used for certification and/or licensure renewal for LPCs, MFTs, and Psycho-Educational Specialists and may qualify for National Certified Counselors and SDE teacher re-certification ([www.scteachers.org](http://www.scteachers.org)).

This conference training adheres to the guidelines of APT and SCAPT is responsible for the program content. (Contact Norma Kimrey Colwell-Phone-803-691-5949 or email: [daniel\\_colwell@bellsouth.net](mailto:daniel_colwell@bellsouth.net) for questions relating to Continuing Education.)

## Registration Fees: Saturday, March 5, 2016

\$65.00 APT/SCAPT Member	\$80.00 Non-Member	\$30.00 Student
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**Registration includes electronic handouts, Continuing Education Certificate, Drink, Snacks, & Lunch**

**After February 1, 2016, registration is \$80.00**

**for APT and Non APT Members.**

**Full Time Student rates are the same.**

**NO REFUNDS AFTER February 1, 2016.**

***Register online with Eventbrite & make your lunch choices:  
Register early:***

- **SCAPT/APT members receive a discount!**
- **Electronic handouts will be emailed to conference participants after registration notifications are received. Paper copies will not be available on site.**

**For information about the SCAPT Training Conference contact:  
SCAPT President, Dr. Jennifer Ferguson Elkins  
Email: [palmettofamily@yahoo.com](mailto:palmettofamily@yahoo.com) or Phone: 1- 843-615-2770**

**APT-SCAPT Membership : APT observes a dual membership system; that is, if residing within the territory of a chartered branch, applicant must be a member of both APT and that charter branch, please contact APT, (Association for Play Therapy, Inc., 401 Clovis Avenue #107, Clovis, CA 93612, USA or APT Website: [www.a4pt.org](http://www.a4pt.org) or Email: [info@a4pt.org](mailto:info@a4pt.org) or Phone: 1-559-298-3400).**

**The APT-SCAPT Membership link is located on the SCAPT Website ([www.sca4pt.com](http://www.sca4pt.com))**

For those who would like to **join APT** (which includes membership in SCAPT), please print and complete the membership application, include a **\*check for \$95 made payable to APT and present during registration at conference or mailed to APT or join online.**

**APT/SCAPT Membership Application (Dual Membership)**

Name \_\_\_\_\_  
Degree/Credentials \_\_\_\_\_  
Affiliation: SC Association for Play Therapy  
Job Title \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Nation \_\_\_\_\_ Phone \_\_\_\_\_  
Email \_\_\_\_\_  
SSN ( last 4 digits) \_\_\_\_\_  
Referred by \_\_\_\_\_

**DUES and CATEGORIES (Check one)**

Professional- \$95.00 (US Mental Health Professional)  
 International-\$70.00 (Non-US Mental Health Professional)  
 Affiliate-\$50.00 (Full-time Graduate Student)

**Amount Membership Dues Payable to APT\***

\$ \_\_\_\_\_ Member Dues  
\$ \_\_\_\_\_ Foundation Tax-Exempt Contribution (Optional)  
\$ \_\_\_\_\_ Total

**Mail Application and Payment to:**

**ASSOCIATION FOR PLAY THERAPY**

**401 Clovis Avenue #107**

**Clovis, CA 93612 USA**

**1-559-298-3400 or [info@a4pt.org](mailto:info@a4pt.org) or website: [www.a4pt.org](http://www.a4pt.org)**