

The 20th Annual SC Association for Play Therapy Conference

CREATIVE PLAY THERAPY INTERVENTIONS WORKSHOP



Co-Sponsored by South Carolina Counseling Association

APT Approved Provider 99-061

September 15-16, 2017

LRADAC Education Center
2711 Colonial Drive, Columbia, SC 29203



Featuring Liana Lowenstein, MSW, RSW, CPT-S, RPT-S



Liana Lowenstein is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT specialist who has been working with children and their families since 1988. She is known as a dynamic speaker and presents trainings across North America and abroad. She provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health agencies. She served on the Board of Directors of the Canadian Association for Child and Play Therapy for nine years and is the former Education Chair of the Canadian Play Therapy Certificate Program. She is the author of *Creative Interventions for Troubled Children and Youth*; *Creative Interventions for Bereaved Children*; *Creative CBT Interventions for Children with Anxiety*; *Cory Helps Kids Cope with Divorce*; *Cory Helps Kids Cope with Sexual Abuse*, and other acclaimed books on child and family therapy. She is winner of the Monica Herbert award for outstanding contribution to play therapy in Canada.

Friday, September 15, 2017 (CREATIVE PLAY THERAPY INTERVENTIONS-Day One)

Friday September 15, 2017

8:30- 8:45 Registration, CE Sign In and Coffee

8:45- 9:00 Announcements

9:00-10:30 Creative Play Therapy Interventions to Engage, Assess, and Treat Children and Families (Part 1)

10:30-10:45 Break

10:45-12:15 Part 1-Continuation

12:15- 1:15 Lunch Onsite- *SCAPT Business Meeting—All Welcome*

1:15- 2:45 Creative Play Therapy Interventions to Engage, Assess, and Treat Children and Families (Part 1)

2:45-3:00 Break

3:00- 4:30 Part 1-Continuation

4:30-5:00- Questions and Closing

Creative Play Therapy Interventions to Engage, Assess, and Treat Children and Families

Overview: Therapy that is immersed with play therapy strategies is more appealing to children, and keeps the child emotionally receptive and invested in the treatment process. Through this dynamic play therapy workshop, participants will be provided with creative play therapy interventions to engage, assess, and treat children with a variety of emotional and behavioral difficulties. The play therapy workshop will be divided into three components: (1) **Engagement:** A number of creative play therapy interventions will be illustrated to facilitate rapport-building with children and families; (2) **Assessment:** The instructor's innovative play therapy based assessment model will be presented, and participants will learn how to use the assessment as a basis for

formulating realistic, measurable play therapy treatment goals; (3) **Treatment:** A variety of creative play therapy techniques will be presented including games, stories, and art. Workshop participants will come away with many new and innovative play therapy techniques to add to their existing repertoire.

Learning Objectives: At the end of this training the participants will be able to

1. Use at least 3 play therapy interventions to engage clients during treatment.
2. Apply an innovative play therapy model for assessing children and families.
3. Use many new play therapy treatment techniques in individual, group, and family sessions.

Saturday September 16, 2017 (CREATIVE PLAY THERAPY INTERVENTIONS-Day Two)

Saturday, September 16, 2017

8:30 - 8:45 Saturday Registration, CE Sign In and Coffee

8:45 - 9:00 Coffee/questions

**9:00 – 10:30 Creative Play Therapy Interventions for Children and Families
Coping with Loss (Part 1)**

10:30-10:45 Break

10:45—12:15 Continuation Part 1

12:15 - 1:30 Working Lunch Onsite-Play Therapy Share Session

1:30- 3:00 Continuation-Part 2

3:00-3:15 Break

3:15-4:45 Continuation-Part 2

4:45-5:00 Closing, Evaluations, and Continuing Education awarded via email



99-061

Day Two: Creative Play Therapy Interventions for Children and Families Coping with Loss

When children enter play therapy because they have experienced a significant loss, they are at a very vulnerable time in their lives. They are often anxious about the therapeutic process and reluctant or unable to talk directly about painful feelings. Play therapy is engaging and can facilitate children's expression of grief and loss. This play therapy training will combine up-to-date play therapy theory with innovative play therapy techniques. A theoretical play therapy overview will be presented to provide a context for the assessment and play therapy treatment interventions. Next, creative play therapy interventions will be outlined to equip therapists to assess and treat various forms of childhood loss such as bereavement, divorce, and placement in out-of-home care. Play therapy activities will also be presented on special issues such as suicide and homicide bereavement.

Learning Objectives: At the end of this training the participants will be able to

1. Define grief, traumatic grief, and disenfranchised grief and list several play therapy treatment interventions.
2. Apply at least 5 new play therapy interventions in sessions with children and families coping with loss.
3. Describe the continuum of parent-child relationships after separation and divorce.

WORKING LUNCH SHARE SESSION (12:30-1:30)

Play Therapy Share Session Overview: Toys are often described as the words that child clients need to metaphorically express their varied experiences and facilitate internal growth. Thus this workshop provides an opportunity for participants to share their experiences with play therapy toys that continually incite therapeutic progress. **Participants are asked to come prepared sharing at least one toy or item they would describe as a change agent in their play therapy sessions. In addition, participants are asked to describe how they present the toy in play therapy sessions.**

Learning Objectives: At the completion of this workshop participants will identify one play therapy toy that frequently incites therapeutic progress.



Krystal Carter is the current owner of Florence Family Counseling, LLC in Florence, SC and is a Licensed Professional Counselor Supervisor Candidate. She has been employed as an Adjunct Instructor at Francis Marion University since 2013 and was previously employed as a contract counselor for Palmetto Family Works, LLC, Carolina Counseling Connection, LLC, and Hart Behavioral Health, LLC. Mrs. Carter was also previously employed as the child/adolescent counselor for Tri-County Mental Health Center in Dillon, SC. She attended Coastal Carolina University for her undergraduate degree in Psychology with a minor in English Literature and graduated Magna cum Laude Mrs. Carter attended Francis Marion

University for her Master of Science in Clinical Psychology where she received the Douglas A. Mandra Memorial Award in Applied Psychology. She is currently serving on the SCAPT Board of Directors.

Continuing Education Information



Continuing Education: This conference carries **13 Continuing Education Contact Hour Credits** specific to Play Therapy and SCAPT is recognized by The **Association for Play Therapy (APT Approved Provider 99-061)** to provide continuing education credit. (www.sca4pt.com)

The SC Counseling Association (SCCA) is co-sponsoring this conference. SCCA is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists (**Provider #SNP.69**) to offer continuing education. Contact Norma Colwell (sccabusiness@yahoo.com) for questions relating to Continuing Education relating to this event.

**SC Social Work Board approved this workshop of 12 Social Work Hours
and 1 Non Social Work Hour**

Selections of Lowenstein's books available on site for purchase.

LODGING: Ask for the SCAPT BLOCK

Staybridge Suites Hotel Downtown Columbia, SC
1913 Huger Street-Columbia, SC 29201
(Rooms are available for Thursday and Friday King Suites - \$149)

Call 1-803-451-5900 to request SCAPT BLOCK rate.

www.staycolumbiasc.com



LRADAC Education Center (located at back of building and visitor's parking)
2711 Colonial Drive, Columbia, SC 29203 (Near Richland Memorial Hospital Area)

Visit the LRADAC Webiste: <http://www.lradac.org/>
for more information and directions.

Handicap Accessible and Tobacco Free Campus

Day of Conference Onsite Contact Numbers:
1-803-608-3287 (Norma) or 1-843-615-2770 (Jennifer)

Registration Information coming soon

Registration includes Continuing Education, Coffee, Morning Snack, Lunch and Afternoon Snack.

Conference Rates

Number of Days Attending	APT Members	Non Members	Full Time Graduate Students
<input type="checkbox"/> I will attend both full days at	\$165.00	\$215.00	\$90.00
<input type="checkbox"/> I will attend only Friday at	\$100.00	\$125.00	\$55.00
<input type="checkbox"/> I will attend Saturday only	\$100.00	\$125.00	\$55.00

Institutional discount will be approved when 10 people or more register at a time: \$150 per person for both days. Use the Register as a group function on Eventbrite!!

For information about the SCAPT Conference contact-Dr. Jennifer Elkins at palmettofamily@yahoo.com

Cancellation Policy: Refunds (minus \$5 processing fee) can be made, if requested 2 weeks (14 days) before date of workshop. In case of workshop cancellation, complete payment will be refunded.