

The 8th SC Association for Play Therapy Training Conference

Saturday, March 11, 2017



Co-Sponsor: Pee Dee Area Health Education Center
McLeod Regional Hospital Center Pavilion-First Floor
555 East Cheves Street-Florence, SC 29506



Saturday March 11, 2017

- 8:30 - 9:00** Saturday Registration, CE Sign In, and Coffee
- 9:00 - 10:30** Utilizing Lego Based Play Therapy to Address ADHI and Other Disorders in Children and Adults
- 10:30-10:45** **Break**
- 10:45-12:15** Utilizing Lego Based Play Therapy (continuation) **99-061**
- 12:15 - 1:30** **Working Lunch:** Lego Based Therapy Based Demonstration
- 1:30 - 3:30** Yoga + Play: Exploring the Benefits of Using Yoga in Conjunction with Play Therapy Techniques to Help Children Build Self-confidence, Increase Self-control and Relax
- 3:30-3:45** **Break**
- 3:45- 5:00** Yoga + Play Therapy (continuation) and **Wrap Up/Questions**
Utilizing Lego Based Play Therapy to Address ADHD and Other Disorders with Children and Adults

Presenter: Carmen K. Jimenez, MSW, LCSW, LISW-CP, LCAS-A, SAP, RPT-S



Ms. Jimenez is a South Carolina native and a licensed independent social worker and registered play therapy supervisor. She has a background in child protective services along with providing direct clinical care to children, adolescents and adults. Ms. Jimenez served on the North Carolina Board of Directors for Association for Play Therapy and NASW. She is currently serving on the SC Board of Directors. She is practicing in Columbia, South Carolina as a psychotherapist and play therapist.

Training Overview: This 3 hour contact workshop will provide counselors, therapists, clinical social workers, as well as new play therapists and graduate students in the field an overview of Play Therapy methods. The presenter will briefly review the DSM5 criteria for Attention Deficit Hyperactivity Disorder including play therapy methods. Participants will leave having an understanding of ADHD and Lego Play Therapy methods to utilize in their practice setting.

Learning Objectives: At the conclusion of the training, participants will be able to:

1. Become familiar with DSM 5 criteria for Attention Deficit Hyperactivity Disorder.
2. Examine the Lego Play Therapy method in the clinical setting.
3. Explore methods on how to utilize Lego Play Therapy within various treatment settings.

Yoga + Play: Exploring the Benefits of Using Yoga in Conjunction with Play Therapy Techniques to Help Children Build Self-confidence, Increase Self-control and Relax

Presenter: Lecole J. Sander, MSW, LISW-CP

Lecole Sanders is a licensed independent social worker- clinical practice in her own private practice, Ms. Sanders Family Counseling, LLC in Florence, SC. Ms. Sanders works with a variety of children and family issues in her practice and frequently uses play therapy techniques in her work. Two areas of clinical interest for Ms. Sanders are children on the Autism Spectrum, and children/ adolescents with concerns related to eating/ body image. She regularly works with children and their families who are experiencing difficulty related to these particular issues. Additionally, Ms. Sanders is a TF-CBT trained therapist, and works with children who have experienced a variety of traumatic events. She is currently working on becoming credentialed as a Registered Play Therapist.



Training Overview: This contact 3 hour experiential workshop will explore the benefits of using yoga, in conjunction with play therapy techniques, as a way to help children become more self-aware, improve self-control, practice mindfulness, learn new relaxation skills, and build self-confidence. Playful breathing techniques, child-friendly yoga postures, yoga games, books, and guided imageries will be explored. Ways to incorporate kid friendly yoga in individual therapy, family therapy, group therapy and the classroom will be explored. The scientific rationale for using yoga to help treat mental/behavioral health issues will be discussed. Examination of videos, games, and books, along with the actual practice of kid friendly yoga sessions will help participants gain the knowledge and confidence to incorporate yoga into their play therapy practice.

This is an interactive workshop so dress comfortably and bring a yoga mat or towel.

Learning Objectives: At the conclusion of the training, participants will be able to:

1. Identify the therapeutic value and benefits of yoga used in conjunction with play therapy techniques in the play the room and/or classroom.
2. Identify beneficial, playful yoga techniques in conjunction with play therapy using games, books, videos, etc. appropriate for children with mental/behavioral health needs in the playroom and classroom.
3. Demonstrate and practice actual yoga postures, play therapy games, relaxation, and breathing techniques used in kid friendly yoga.
4. Incorporate yoga in conjunction with play therapy into everyday practice with children and teens in the playroom and/or classroom as appropriate.

NOTE: The afternoon is an interactive workshop so dress comfortably and bring a yoga mat or towel.

Registration Fees: Saturday, March 11, 2017

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\$65.00 APT/SCAPT Member	\$80.00 Non-Member	\$30.00 Student
After March 3, 2017	After March 3, 2017	After March 3, 2017
\$75.00 APT/SCAPT Member	\$90.00 Non-Member	\$40.00 Student

PARKING: North Parking Deck (behind McLeod Pavilion) please park on the 4th level

Registration includes electronic handouts, Continuing Education Certificate, Drink, Snacks, and Lunch

- **SCAPT/APT members receive a discount!**
- **Electronic handouts will be emailed to conference participants after registration notifications are received. *Paper copies will not be available on site.***

TARGET AUDIENCE: Social Workers, Counselors,
Graduate Students and any interested healthcare personnel

For information about the SCAPT Training Conference contact:

Dr. Jennifer Ferguson Elkins

Email: palmettofamily@yahoo.com or Phone: 1- 843-615-2770

Cancellation Policy: Refunds (minus \$5 processing fee) can be made, if requested 2 weeks (14 days) before date of workshop. In case of workshop cancellation, complete payment will be refunded.



CONTINUING EDUCATION (CONTACT):

This conference training carries **7.5 Continuing Education Clock Hours (Contact)** specific to Play Therapy provided by the SC

99-061

Association for Play Therapy (APT Approved Provider 99-061).

This conference training adheres to the guidelines of APT and SCAPT is responsible for the program content. (Contact Norma Kimrey Colwell-Phone-803-691-5949 or email: SCCABusiness@yahoo.com for questions relating to play therapy continuing education.)

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. The social work program is approved for **7.5 social work credit hours.**

Counselors and Therapists: This program is approved for **7.5 hours of continuing education credit.** The SC AHEC system is recognized as a permanent sponsor of continuing education by the SC Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists (Provider #65)

Time:

8:30-9:00 Check in the coffee

9:00-5:00 Program

Credits:

7.5 APT/SCAPT Clock Hours (Contact) APT Approved Provider 99-061

7.5 AHEC Clock Hours

7.5 Social Work Clock Hours

7.5 Counselor Hours

This program is approved 0.75 CEUs (7.5 Clock Hours) by Pee Dee AHEC and meets SC AHEC Best Practice Standards.

Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

APT-SCAPT Membership : APT observes a dual membership system; that is, if residing within the territory of a chartered branch, applicant must be a member of both APT and that charter branch, please contact APT, (Association for Play Therapy, Inc., 401 Clovis Avenue #107, Clovis, CA 93612, USA or APT Website: www.a4pt.org or Email: info@a4pt.org or Phone: 1-559-298-3400).

REGISTRATION INSTURCTIONS:

IF YOU HAVE AN EXISTING CE ACCOUNT (have attended a program in the past) WITH PEE DEE AHEC

Click on the link: <https://ce.peedeeahec.net/courses/2054>

Sign in with your AHEC ID (month of birth day of birth and last 4 digits of Social Security Number)and password (what you created or if you forgot password click on forgot your password?)

- 1. Scroll down to the green box View Sessions and click on box
Click on box (SELECT)
APT/SCAPT - Member Registration 03-11-2017 03-11-2017 0 of 60 \$65.00**
- 2. Click on "Add Attendee"**
- 3. Scroll down to the bottom of the page and click on "ADD TO CART".**
- 4. Click on "CHECK OUT"**
- 5. Click on "REGISTER"**

You will see a message confirming your registration.

IF YOU DO NOT HAVE A CE ACCOUNT WITH PEE DEE AHEC:

**Before you click on the link in this email, go to our website
at www.peedeeahec.net and click on
"CREATE A NEW CE ACCOUNT"**

After you have created your new account, click on the link:

<http://ce.peedeeahec.net/courses/2054/> completed to register for the course.

Enter the AHEC ID (month of birth day of birth and last 4 digits of Social Security Number) and password you created for your account

Follow the directions above from #1.

You will see a message confirming your registration.

**If you need assistance contact Barbara Hicklin at 843.777.5343
or bhicklin@mcleodhealth.org**