

# The 10<sup>th</sup> S.C. Association for Play Therapy Training Conference

SC Play Therapists Agents of Change!

Saturday, March 7, 2020

7 Continuing Education Hours (Contact)

University Center of Greenville Suite A7

225 South Pleasantburg Drive

Greenville, South Carolina 29607



## Schedule:

8:00 – 8:30 Registration Check In, CE Sign In, and Coffee

**99-061**

8:30 -11:30 Session 1 (**Select one 3 Hour Session**)

11:30am -12:15 On-Site Lunch, Playful Networking Event and PM CE Sign In

12:30- 2:30pm Session 2 (**Select one 2 Hour Session**)

2:45pm-4:45 pm Session 3 (**Select one 2 Hour Session**)

## SCAPT Conference Training Schedule:

<u>Workshop Selections:</u>	<u>Title/Presenter/Level:</u>	<u>Description of Session:</u>	<u>Learning Objectives:</u>
<p><u>SIGN IN</u> <u>Session 1</u></p> <p>8:30 -11:30</p> <p>3 HOURS</p>	<p><b>Introduction to Non-Directive Play Therapy</b></p> <p><b>Saundra Penn, PhD, LPC, RPT</b></p> <p><b>(Beginning-Level)</b></p>	<p>Learning to establish a non-directive relationship with child clients requires a knowledge and an appreciation of non-directive play therapy theory. Integrating the clinical work of Virginia Axline and Garry Landreth, this interactive workshop reviews the origins of non-directive play therapy and play therapy skills known to enhance the establishment of a child-therapist relationship. Attendees will also have an opportunity to practice Play Therapy skills in triads.</p>	<p>Participants will</p> <ol style="list-style-type: none"> <li>1) list 2 therapeutic conditions necessary for establishing a non-directive play therapy relationship with child clients;</li> <li>2) review introductory play therapy skills such as reflecting, responding to effort, and returning responsibility to child clients;</li> <li>3) practice play therapy skills of reflecting, responding to effort, and returning responsibility in peer groups.</li> </ol>

<p><b>Complete and Return Session Evaluation</b></p>	<p><b>Creative Play Therapy Approaches for Adolescent</b></p> <p><b>Julie Dillon, EdS, SCMFT, RPT-S</b></p> <p><b>Kelly Kennedy, PhD, SCMFT, RPT-S</b></p>	<p>Many therapists struggle with how to adapt Play Therapy approaches to meet the developmental needs of adolescents. The presentation will focus on identifying the developmental differences between children, adolescents, and adults. Basic tenets of experiential Play Therapy will be reviewed, and participants will be presented with at least three experiential Play Therapy techniques for use in their practice with adolescents. Participants will have the chance to break out into groups to practice the Play Therapy techniques with feedback from the presenters.</p>	<p>Participants will</p> <ol style="list-style-type: none"> <li>1) identify the developmental differences between children and adolescents in Play Therapy;</li> <li>2) describe the basic tenets of experiential Play Therapy;</li> <li>3) practice several experiential Play Therapy techniques for use in their practice.</li> </ol>
<p><b>11:30-12:15 Lunch On-Site-Networking</b></p>			
<p><b><u>SIGN IN</u></b> <b><u>Session 2</u></b></p> <p><b>12:30-2:30pm</b></p> <p><b>Afternoon</b> <b>2 Hours</b></p>	<p><b>Using Child-Centered Play Therapy (CCPT) to Heal from Domestic Violence Trauma</b></p> <p><b>Jennifer Geddes-Hall, PhD, LPC, RPT, ACS</b></p>	<p>This interactive presentation is intended for counselors who have experience with and knowledge of CCPT. Attendees will learn about impacts of domestic violence on the brain as well as the benefits of utilizing CCPT to heal trauma. Assessment tools and measures of healing will also be introduced and applied</p>	<p>After attending the presentation attendees will be able to:</p> <ol style="list-style-type: none"> <li>1) define and understand Domestic Violence (DV);</li> <li>2) identify the effects DV has on child behavior and the brain;</li> <li>3) determine how the skills and theory of CCPT relate to healing from exposure to DV;</li> <li>4) introduce tools that help assess healing and progress towards therapeutic goals using CCPT.</li> </ol>

<p><b>Complete and Return Session Evaluations</b></p>	<p><b>Ethical and Legal Issues Relating to Play Therapy Supervision</b></p> <p><b>Charlton Hall, MMFT, LMFT/S, RPT-S, Cht</b></p> <p><b>(Supervision)</b></p>	<p>Ultimately a Registered Play Therapy Supervisor is ethically and legally responsible for those being supervised. This presentation looks at some common ethical and legal dilemmas Play Therapists and their supervisors face, and proposed resolutions to various scenarios. Using a collaborative approach, a RPT-S can help supervisees resolve some common ethical and legal issues problems Play Therapists face.</p>	<p>Participants will</p> <ol style="list-style-type: none"> <li>1) identify some common ethical and legal issues that might arise in Play Therapy supervision;</li> <li>2) discuss and propose solutions to these dilemmas in Play Therapy supervision;</li> <li>3) use a collaborative model with supervisees to assure legal and ethical Play Therapy delivery for clients</li> </ol>
<p><b>Sign In</b></p> <p><b>2:45pm-4:45 pm</b></p> <p><b>2 Hours</b></p>	<p><b>Creating the Puzzle of Self in Play Therapy Using the Sand : Internal Family Systems with Children in the Sandtray</b></p> <p><b>Carmen K. Jimenez-Pride, MSW, LCSW, LISW-CP, LCAS-A, SAP, RPT-S</b></p>	<p>This experiential workshop is focused on gaining an understanding of the Internal Family System model with children using sandtray in Play Therapy. Sandtray offers a unique experience bringing their internal world to a visual state. This workshop will introduce how various sand tray methods can be utilized in the Internal Family System model to help participates further their work with adults identify and work with their parts in Play Therapy.</p>	<p>Participants will</p> <ol style="list-style-type: none"> <li>1) list the core concepts of the Internal Family System model and Therapeutic Powers of Play Therapy;</li> <li>2) discuss the concepts of Sandtray Therapy and the difference between sandtray and sandplay in Play Therapy;</li> <li>3) discuss the challenges with children and families in relation to Internal Family Systems work within the Play Therapy setting;</li> <li>4) apply the Internal Family System model to demonstrate Play Therapy and Expressive Art interventions within the therapeutic setting.</li> </ol>

<p><b>Complete and Return Session Evaluation</b></p>	<p><b>Inner-Play Therapy with Adults: Recapturing Imagination and Creativity to grow Well Being!</b></p> <p><b>Deborah Jean Armstrong, PhD, LMFT, RPT-S, REAT, REACE</b></p>	<p>This workshop will be principally experiential, engaging participants with several examples of Play Therapy practices. Play Therapy can be quite easily integrated into our work with adults, be they parents, couples, or individuals who are seeking help with their problems in living. A sprinkling of research that amplifies that playing is AS IMPORTANT in adulthood as it is in childhood will be discussed. Discerning what playing actually is will also be discussed, again amplifying its' place in growing and repairing disrupted well being using Play Therapy strategies.</p>	<p>Participants will</p> <ol style="list-style-type: none"> <li>1) apply three play therapy practices that can be integrated into their therapy to adults;</li> <li>2) discuss a rationale for adults to play regularly and often, and for therapists to incorporate Play Therapy practices into their work with adults;</li> <li>3) practice several Play Therapy strategies.</li> </ol>
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**Please save the workshop content and learning objectives for your CONTINUING EDUCATION PROFESSAIONL FILE.**

**TARGET AUDIENCE:** Social Workers, Counselors, Graduate Students, Marriage and Family Therapist, School Counselors.

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**Instructional Methods:** PowerPoints, Discussion, and ExperientialSessions

**Location**

**University Center of Greenville (UCG)  
225 S. Pleasantburg Drive, Suite A-7, Greenville, SC  
29607  
First Floor Auditorium**

## Workshop Presenters:

### **Deborah Jean Armstrong, PhD, LMFT, RPT-S**

Dr. Armstrong has been practicing as a marriage and family therapist specializing in play and expressive arts therapies for over thirty-five years. She teaches and serves as Coordinator of the Expressive Arts Therapy Concentration at Goddard College and she practices out of the Mindgarden Centre in Greenville, S.C. She is a past SCAPT President and SCAPT Board Director.

### **Charlton Hall, MMFT, LMFT/S, RPT-S, CHt**

Mr. Hall earned a B.S. in Experimental Psychology from University of South Carolina Upstate, a Master of Marriage and Family Therapy from Converse College, and a postgraduate fellowship from Westgate TCI. He is a LMFT/S in South Carolina (#4606) and a RPT-S (#S1947) and serves as a Director on the SCAPT Board. He is the Clinical Director at Tomorrow's Light Center in Travelers Rest, SC and works with trauma and attachment issues. He serves on the SCAPT Board Directors.

### **Julie Dillon, EdS, SCMFT, RPT-S**

Ms. Dillon is a core faculty member in the Marriage and Family Therapy program. She has a BA in Psychology, an MA in Mathematics Education, and an EdS in Marriage and Family Therapy all from Converse College. She has experience working in the private practice setting with individuals, families, and children. She is a SC licensed MFT, an AAMFT Approved Supervisor, a Registered Play Therapist, a Registered Play Therapy Supervisor, and a clinical member of the AAMFT. Current interests focus on the use of mindfulness and spirituality in family therapy. Other interests include ecosystemic play therapy and energy psychology.

### **Jennifer Geddes-Hall, PhD, LPC, RPT, ACS**

Dr. Jennifer Geddes Hall, LPC, RPT, ACS is an assistant clinical professor at Clemson University. She has over 17 years of experience counseling children in school and community settings; including two years working with children and families in an urban domestic violence shelter. She has presented on play therapy as well as trauma at several regional and national conferences. Jennifer is currently on the board for the Association of Child and Adolescent Counseling (ACAC), a division of ACA, and the South Carolina Association for Play Therapy (SCAPT). She has also published an article in the International Journal of Play Therapy in 2019 titled, *Child Centered Play Therapy as a Means of Healing Children Exposed to Domestic Violence*, which was the fourth most downloaded article of the year according to the APA.

### **Carmen K. Jimenez-Pride, MSW, LCSW, LISW-CP, LCAS-A, SAP, RPT-S**

Ms. Jimenez is a South Carolina native and a licensed independent social worker. She has a background in child protective services along with providing direct clinical care to children, adolescents and adults. Ms. Jimenez served on the North Carolina Board of Directors for Association for Play Therapy and NASW. She is currently serving on the SC Board of Directors as the membership chairperson. She is practicing in Columbia, South Carolina as a psychotherapist and play therapist as well as President of Together We'll Grow, Inc. Ms. Jimenez is the author of a children's book entitled, No, No, Elizabeth.

### **Kelly Kennedy, PhD, SCMFT, RPT-S**

Ms. Kennedy is the Program Director of the Marriage and Family Therapy program at Converse College. She has a BA in Psychology from Clemson University, a MS in Child and Family Development, and a PhD in Child and Family Development with a Specialization in Marriage and Family Therapy from The University of Georgia. She has experience working in private practice with individuals, families and adolescents. She is a SC licensed MFT, an AAMFT Approved Supervisor, a Registered Play Therapist, and a Registered Play Therapy

### **Sandra Penn, PhD, LPC, RPT**

Dr. Penn's current research interests include examining multicultural issues in play therapy, the evolution of color-blind racial attitudes, ethical issues in human services, clinical supervision, family play therapy, parent consultation and mental health reform. She speaks on the regional level about these topics, has published several related articles and is active in these scholarship areas. Currently she is the SCAPT Immediate Past President.

Dr. Penn is associate faculty in Human Service Studies at Queens University of Charlotte in the department of Interprofessional Health Studies. In Spring 2019, Dr. Penn received a Grier Distinguished Professor Award for extraordinary and unique contribution to the teaching-learning process at Queens University of Charlotte.

**CONTINUING EDUCATION REQUIREMENTS: To receive Continuing Education credit and a Certificate of Attendance for this event the participants must 1) complete morning sign in at registration desk; 2) pick up 3 evaluation forms; 3) initial beside your name at each session; 4) complete and return evaluation form after each session. Certificates will be disseminated after all requirements are reviewed and emailed to the email provided.**



**Continuing Education:** This event is sponsored by the SC Association for Play Therapy (APT Approved Provider 99-061) and provides continuing education specific to play therapy. This conference event carries 7 Continuing Education (CE) Hours (CONTACT ) specific to Play Therapy. ([www.sca4pt.com](http://www.sca4pt.com)) and SCAPT maintains the responsibility for this program and its content.

### **99-061**

The South Carolina Association for Play Therapy (SCAPT) is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Psycho-Educational Specialists (**Provider #4586**) to offer **7 Continuing Education (CE) Hours** for this event. For questions related to Continuing Education contact: SCAPT CE Program Administrator ([sccabusiness@yahoo.com](mailto:sccabusiness@yahoo.com)).





For information about the conference contact the SCAPT President:  
 Dawn White ([email: sdlwhite@mac.com](mailto:sdlwhite@mac.com) or phone-843-287-0745)

## Registration Fees: Saturday, March 7, 2020

75.00 APT/SCAPT Member	\$90.00 Non-Member	\$30.00 Student
After February 25, 2020	After February 25, 2020	After February 25, 2020
\$85.00 APT/SCAPT Member	\$100.00 Non-Member	\$40.00 Student

NO Purchase Orders will be accepted for this Conference. A check can be mailed two weeks prior, or brought on the day of the conference from an agency made out to SC Association for Play Therapy or SCAPT. No one will be able to sign in on the day of the conference without payment. The attendee is responsible for making sure that fees are paid in order to attend. Any agency agreements for payment are between the agency and the attendee, and NOT with SCAPT.

**Refund Policy**-Refunds (minus \$25 processing fee) can be made, if requested 7 days before event date. **workshop. Eventbrite's fee is nonrefundable.** In case of workshop cancellation, complete payment will be refunded.

**Grievance Policy**: If you have a compliant or dispute regarding this event, please send an email no later than 5 days after the training and include the following: Your name, address, phone number, email, name of the event, date, and location, compliant, and desired resolution to the current SCAPT President. You will receive a reply within 30 days from the date you submitted the compliant dispute.

**Registration includes electronic handouts, Certificate of Attendance, lunch, snacks and beverages.**

- **SCAPT/APT members receive a discount!**
- **Electronic handouts will be emailed to conference participants after registration notifications are received. Paper copies will not be available on site.**