



Sponsor: South Carolina Association for Play Therapy*
56th Annual SC Counseling Conference
Pre Conference Workshop
February 20, 2020 (1:00PM-4:00PM)

Presenter: Carmen K. Jimenez-Pride, MSW, LCSW, LISW-CP, LCAS-A, SAP, RPT-S



Hands in the Sand: Introduction to SandTray Play Therapy
3 Clock Hours (Contact)
Westin Hilton Head Island Resort and Spa



#99-061

2 Grasslawn Avenue-Hilton Head Island, SC 29928

Title: Hands in the Sand: Introduction to SandTray Play Therapy

Session Description: This training introduction to sandtray training is for therapist who are new at using sandtray therapy in the play therapy room. This training will provide a basic understanding of materials needed to set up a sandtray practice, conduct and process a sandtray as part of a play therapy session. Both directive and non-directive sand trays will be demonstrated, and participants will have an opportunity to experience creating individual and group sandtrays.

Learning Objectives:

Participants will:

1. Summarize the origin and theory of using sandtray in play therapy.
2. Describe how to conduct and process a sandtray within a play therapy session.
3. Describe sandtray interventions to incorporate into play therapy with individuals, families and groups.



Carmen Jimenez-Pride, LCSW, RCYT, RYT, RPTS, is a licensed clinical social worker, registered children’s yoga teacher and registered play therapist. She is the owner of Outspoken Counseling and Consulting LLC in Augusta, GA covering areas of South Carolina. She is a certified FirstPlay® practitioner and trained in level one Theraplay, Internal Family Systems along with other trauma-based models. Carmen is the author of the Amir’s Brave Adventure: Exploring Confidence, Mindfulness and Attachment and the creator of Focus on Feelings®. Carmen specializes in developmental play therapy, attachment, and trauma, sand tray play therapy for infants, children, families, and adults of all ages. She is a university adjunct professor, trainer and speaker.

Registration Link (<https://sccounselor.org/conference/conference-registration/>).

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Continuing Education: This event is sponsored by the SC Association for Play Therapy (APT Approved Provider #99-061) and provides continuing education specific to play therapy. This conference event carries **3 Clock Hours (CONTACT)** specific to Play Therapy. (www.sca4pt.com) and SCAPT maintains the responsibility for this program and content.