



## SCAPT Spring 2021 Play Therapy Lunchbox Series

*3 session series of training held mid-day for the busy play therapy professional*

*\*\*\*ONLINE TRAINING\*\*\**

*Via Zoom link to be provided after registration*

**Due to COVID-19 health concerns, this one-time event  
has been approved by APT for 2 Contact CE Hours per training session**

Session 1

**March 12, 2021**

12:00-2:00 PM

### **Creating the Virtual Playroom: Working with Children by Tele-therapy**

Presented by: Carmen Jimenez-Pride, LCSW, LISW-CP, ERYT, RCYT, RPTS  
(2 hour presentation)

#### **Session Description:**

Due to the COVID-19 pandemic many therapists have moved to providing therapy services in a virtual format. With this transition therapy services for children have become a challenge for both parents/caregivers and therapists. Utilizing Adlerian Play Therapy concepts this workshop will focus on assisting the therapist with increasing their play therapy toolbox by presenting creative play therapy techniques that are modified to work within virtual format. This workshop will also focus on the challenges and ethical dilemmas that can arise when providing play therapy in a virtual format.

### **Learning Objectives:**

- 1) Participants will discuss how to provide play therapy within a virtual playroom.
- 2) Participants will create their own virtual playroom.
- 3) Participants will demonstrate creative play therapy interventions.
- 4) Participants will analyze cultural considerations while providing tele-therapy with children.
- 5) Participants will discuss ethical considerations while providing tele-therapy with children.

### **About the Presenter:**

#### **Carmen K. Jimenez, MSW,LCSW,LISW-CP,LCAS-A,SAP,RPT-S**

Carmen Jimenez-Pride is the creative mind behind Focus on Feelings®, an emotional literacy curriculum, she is a Licensed Clinical Social Worker, Registered Play Therapist Supervisor, Certified AutPlay® Therapy Provider, Certified EMDR Therapist, and Certified Internal Family Systems Therapist.

Carmen is a trauma therapist experienced in clinical treatment of children, adolescents and adults with culturally diverse backgrounds addressing a wide range of concerns. Carmen's career in the mental health field spans more than 15 years.

Carmen is an international speaker, award-winning best-selling author, and business consultant. She is a visionary in the therapeutic community, working to create and develop a wide range of educational tools to assist the clinician, and client to reach optimum goals. With a focus on cultural humility and cultural diversity, Carmen educates clinical professionals to address racial and cultural trauma within their clinical practices. Carmen Jimenez-Pride is the developer of Diversity in Play Therapy Inc.; and the 2020 Diversity in Play Therapy Summit. Carmen is also the developer of Focus on Feelings®.

#### **Schedule: 12:00-2:00 pm**

This training will be presented online via ZOOM.

A CE Certificate will be issued by email for 2.0 CE hours following successful completion of a post-test (80 % minimum), and an evaluation.

***Due to COVID-19 Health concerns, this one time online event has been approved by APT for 2 CONTACT CE HOURS.***

## **Bibliography:**

Altvater, R. A., Singer, R. R., & Gil, E. (2018). Part 2: A qualitative examination of play therapy and technology training and ethics. *International Journal of Play Therapy*, 27(1), 46-55. doi:10.1037/pla0000057

Kottman, T. & Meany-Walen, K. (2016). *Partners in Play: An Adlerian Approach to Play Therapy*. (3rd ed). American Counseling Association

Schaefer, C. E., & Drewes, A.A. (Eds.). (2014). *The Therapeutic Powers of Play: 20 Core Agents of Change*. (2nd ed). Hoboken, NJ: Wiley

### **Training Level: Introductory**

Introductory workshops allow attendees to responsibly practice play therapy e.g. ethics, theories, playroom set-up, and acquiring/ choosing toys. Content is intended for attendees who have little or no background in a specialized skill or content area.

**Rationale:** This presentation will focus on play therapy using a Tele-therapy platform.

**Multicultural/Diversity Competencies:** Participants will analyze cultural considerations while providing tele-therapy with children. Participants will discuss ethical considerations while providing tele-therapy with children.

**Time Organization/Instructional Strategies:** This presentation will utilize a combination of PowerPoint lecture, video review, group discussion and experiential exercises.

**Powers of Play:** The therapeutic powers of play include “change agents, specific components that improve a client's attachment formation, self-expression, emotion regulation, resiliency, self-esteem, and stress management.” These powers of play will be examined for use in the virtual playroom.



Session 2

**March 20, 2021**

10:00 AM-12:00 PM

### **Play Therapy with Clients with Anxious and Depressive Symptoms**

Presented by: Lécole J. Sanders, LISW-CP, RPT-S

(2 hour presentation)

#### **Session Description:**

This interactive workshop supports and inspires therapists to think creatively as they provide services for children and adolescents via tele-health and/or in person. The activities discussed will be useful for working with young clients who are being treated for a variety of clinical symptoms such as anxiety, depression, adjustment problems, and trauma. Therapists working with children and adolescents will explore creative play-based techniques using a variety of clinical tools, common children's board games, books, many free resources and inexpensive materials. The strategies, games, books, and activities presented in the workshop will support and enhance the delivery of quality tele-health and in-person therapy.

#### **Learning Objectives:**

- 1) Participants will identify three benefits of employing play therapy strategies with young clients experiencing anxiety and depression via tele-health or in person.
- 2) Participants will identify three materials useful in the delivery of play therapy and ways to modify these materials to help young clients via tele-health.
- 3) Participants will identify at least three, books, activities or games to enhance the delivery of tele-health and/or in person play therapy with children and adolescents experiencing depression and/or anxiety.

## **About the presenter:**

### **Lécole J. Sanders, LISW-CP, RPT-S**

Lécole J. Sanders received her Master of Social Work Degree from the University of Georgia. She is a Licensed Independent Social Worker and a Registered Play Therapist Supervisor. She owns her private practice, Sanders Family Counseling, LLC in Florence, SC. Mrs. Sanders treats a variety of children and family issues in her practice and frequently uses play therapy techniques in her work. Three areas of clinical interest for Mrs. Sanders are children on the Autism Spectrum, children/ adolescents with concerns related to eating and/or body image, and child victims of trauma. Mrs. Sanders is a TF-CBT trained therapist.

### **Schedule: 10:00 am -12:00 pm**

This training will be presented online via ZOOM.

A CE Certificate will be issued by email for 2.0 CE hours following successful completion of a post-test (80 % minimum), and an evaluation.

***Due to COVID-19 Health concerns, this one time online event has been approved by APT for 2 CONTACT CE HOURS.***

## **Bibliography:**

- Chatoor, I., Webb, L. E., & Kerzner, B. (2019). Anorexia nervosa and depression in a 5-year-old girl: Treatment with focused family play therapy and medication. *The International Journal of Eating Disorders*, 52(9), 1065-1069. <https://doi.org/10.1002/eat.23129>
- Allen, B., & Hoskowitz, N. A. (2017). Structured trauma-focused CBT and unstructured Play/Experiential techniques in the treatment of sexually abused children: A field study with practicing clinicians. *Child Maltreatment*, 22(2), 112-120. <https://doi.org/10.1177/1077559516681866>
- Mohammadinia, Neda, et. al. (2019). The Effectiveness of Cognitive-Behavioral Play Therapy on Anxiety and Academic Achievement among Children with LD. *International Journal of Applied Behavioral Sciences*, 5 (1), (2018), 26 February 2019 , Page 41-48

Training Level: **Introductory**

Introductory workshops allow attendees to responsibly practice play therapy e.g. ethics, theories, playroom set-up, and acquiring/ choosing toys. Content is intended for attendees who have little or no background in a specialized skill or content area.

**Rationale:** This presentation will focus on using play therapy with children experiencing anxiety and depression via tele-health or in person.

**Multicultural/Diversity Competencies:** Participants will analyze cultural considerations while providing in-person or tele-health play therapy with children. Participants will discuss ethical considerations while providing in-person or tele-health play therapy with children.

**Time Organization/Instructional Strategies:** This presentation will utilize a combination of PowerPoint lecture, video review, group discussion and experiential exercises.

**Powers of Play:** The therapeutic powers of play include “change agents, specific components that improve a client's attachment formation, self-expression, emotion regulation, resiliency, self-esteem, and stress management.” These powers of play will be examined for use in with children for in-person and tele-health play therapy.



Session 3  
**March 24, 2021**  
12:00- 2:00 pm

**Ethical Issues in the Play Therapy Relationship:  
Keeping Ethical Standards in the Forefront**

Presented by: Dr. Saundra Penn, Ph.D, LCMHC, RPT  
(2-hour presentation)

**Session Description:**

Counseling child clients requires that play therapists possess a specific knowledge of common ethical challenges often faced in the play therapy relationship. As such, this presenter will highlight common ethical dilemmas encountered in the play therapy relationship such as countertransference, competence, boundaries, multiculturalism, role differentiation, duty to warn and touching. This presenter will explore guidance for decision-making and process some defensive attitudes that influence the play therapist's ability to conceptualize and resolve ethical quandaries.

**Learning Objectives:**

Upon completion, participants will be able to:

- 1) Identify at least two ethical issues that play therapists encounter in the play therapy relationship
- 2) Describe a defensive attitude that play therapists adopt when facing stressful ethical dilemmas
- 3) Discuss an ethical decision-making model to guide their decision-making process

**About the presenter:**

**Dr. Saundra Penn, Ph.D, LCMHC, RPT**

Dr Penn is an Associate Faculty member at Queens University of Charlotte in the Interprofessional Health Studies Department and has taught in the Human Service Studies program since 2011. Penn's counseling and research interests include exploring the essence of womanhood in college students and examining multicultural issues and ethical issues in mental health. She speaks on the regional level about these topics and is active in these scholarship areas. She is a licensed clinical mental health counselor and registered play therapist. Most recently, Dr. Penn completed her tenure as the President of the South Carolina Association for Play Therapy and continues to serve as Past-President. In Spring 2019, Dr. Penn received the Grier Distinguished Professor Award for extraordinary and unique contribution to the teaching-learning process at Queens University of Charlotte.

**Schedule:** 12:00-2:00 pm

This training will be presented online via ZOOM.  
A link will be provided prior to the training session.

A CE Certificate will be issued by email for 2.0 CE hours following successful completion of a post-test (80 % minimum), and an evaluation.

**Due to COVID-19 Health concerns, this one time online event has been approved by APT for 2 CONTACT CE HOURS.**

**Bibliography:**

Carnes-Holt, K., Maddox, R. P., Warren, J., Morgan, M., & Zakaria, N. S. (2016). Using bookmarks: An approach to support ethical decision making in play therapy. *International Journal of Play Therapy, 25*(4), 176-185.

Corey, G., Corey, M.S., Corey, C. & Callanan, P. (2019). *Issues and ethics in the helping professions*. (10th.) Brooks/Cole.

Courtney, J. A., & Siu, A. F. Y. (2018). Practitioner experiences of touch in working with children in play therapy. *International Journal of Play Therapy, 27*(2), 92-102.

Hudspeth, E. F. (2016). Play therapy applications with diverse cultures. *International Journal of Play Therapy, 25*(3), 113-113.

Reynolds, C.A. & Tejada, L.J. (2011). Playing it safe: Ethical issues in play therapy. In Schaefer, C. (Ed.) *Foundations of play therapy* (2nd ed.) John Wiley & Sons.

**Training Level: Intermediate**

Intermediate workshops are for practicing play therapists who have solid play therapy foundational training and experience. Content is intended to build upon attendees' existing foundational learning.

**Rationale:** This presentation will focus on ethics in play therapy.

**Multicultural/Diversity Competencies:** Participants will analyze cultural considerations while providing play therapy. Participants will discuss ethical considerations while providing play therapy.



**Time Organization/Instructional Strategies:** This presentation will utilize a combination of PowerPoint lecture, video review, group discussion and experiential exercises.

**Powers of Play:** The therapeutic powers of play include “change agents, specific components that improve a client's attachment formation, self-expression, emotion regulation, resiliency, self-esteem, and stress management.” These powers of play will be examined in an ethical decision making framework.

#### GENERAL INFORMATION

**Registration fee is \$25 per session and includes Continuing Education Certificate.  
A \$10 discount is available if participants register for all 3 sessions  
prior to 3/11/2021**

**Register via Eventbrite:**

**Session 1: <https://www.eventbrite.com/e/scapt-spring-play-therapy-lunchbox-series-session-1-tickets-142186972061>**

**Session 2: <https://www.eventbrite.com/e/scapt-spring-play-therapy-lunchbox-series-session-2-tickets-142187136553>**

**Session 3: <https://www.eventbrite.com/e/scapt-spring-play-therapy-lunchbox-series-session-3-tickets-142187222811>**

**NO Purchase Orders will be accepted for this training.**

**All payments must be through Eventbrite website.**

**No tickets will be sold on the day of the training to make sure that all participants have the Zoom link.**

**Refund Policy:** Refunds can be made, if requested 7 days before event date of workshop. Eventbrite's fee is nonrefundable. Refunds will be issued minus any applicable fees.

**In case of workshop cancellation, payments will be refunded.**

**Grievance Policy:**

If you have a complaint or dispute regarding this event, please send an email no later than 5 days after the training and include the following: Your name, address, phone number, email, name of the event, date, and location, complaint, and desired resolution to the current SCAPT President at [sca4pt@gmail.com](mailto:sca4pt@gmail.com) You will receive a reply within 30 days from the date you submitted the complaint dispute.

### **Continuing Education:**

To receive Continuing Education credit, participants are asked to complete 2 Survey Monkey surveys:

- A) The first survey will be a post-test including your name and email for your CE certificate.
- B) The second survey will include an evaluation. These surveys will be anonymous.

***CE Certificates will be provided to participants via email after their completion survey is received. Sign in/ Sign out for each portion of the session will be noted via the participant's Zoom login.***

This event is sponsored by the South Carolina Association for Play Therapy (**APT Approved Provider 99-061**) and provides continuing education specific to play therapy. SCAPT ([www.sca4pt.com](http://www.sca4pt.com)) maintains the responsibility for this program and content. **2 Continuing Education Contact Hours will be awarded per session attended.**

The **South Carolina Association for Play Therapy (SCAPT)** is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Psycho-Educational Specialists (**Provider #4586**) to offer **2 Continuing Education Clock Hours per session attended** for this program.

For questions related to Continuing Education contact: Continuing Education Program Administrator Jennifer Elkins, EdD, LPCS, RPTS at [sca4ptce@gmail.com](mailto:sca4ptce@gmail.com)

